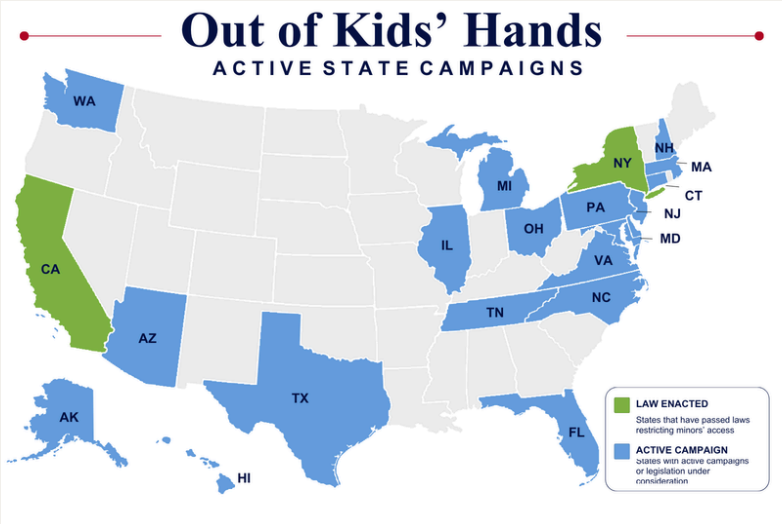


Impact Report 2026

Building a National Policy Movement

STRIPED's Out of Kids' Hands Campaign is helping build a coordinated, multi-state movement to protect children and teens from dangerous over-the-counter diet pills and muscle-building supplements.



WHAT MOVED



Out of Kids' Hands in 20 US States
Campaign activity expanding across the country



Supreme Court victory
SCOTUS denies diet pills industry petition, keeping New York's youth protections in place.



Coalition growth
Advocates and partners building a broader movement



Youth-led advocacy
Young people taking meaningful leadership roles



Local momentum
Ohio youth advocacy demonstrates how local leadership can build momentum for state campaigns



California policy milestone
Bill AB2030 signed into law to protect 8.4 million California children from toxic diet pills

WHY IT MATTERS



A coordinated movement
STRIPED is building across states rather than working in isolation



A replicable model
Our approach can be scaled across states and adapted to other eating disorder policy priorities



National momentum
State progress builds toward broader protections for young people



Research into action
STRIPED translates evidence into policy successes

IMPACT AT A GLANCE

1 IN 5 KIDS

With protections now in place in California and New York, nearly 20% of U.S. children have a first line of defense against predatory companies selling diet pills.



10 YEARS

YRBS surveillance restored after 10-year federal gap



FIRST EVER

Binge eating assessment added in national YRBS



SENATE FLOOR

STRIPED social media research cited in Congress



NEW MEXICO

STRIPED research supported successful social media litigation



YOUTH LEADERSHIP

Awards, media, publications + grants

From Our Director



S. Bryn Austin

This year, STRIPED helped move evidence into action by advancing policy momentum, helping restore national eating disorder surveillance, elevating youth leadership, producing field-shaping research, and building the foundation to scale our impact. With continued investment, STRIPED is positioned to convert this momentum into broader, lasting protection for young people nationwide.

WHAT'S NEXT



With support, STRIPED can grow our national network, equip more young people to lead, accelerate campaigns in priority states, and transform state-level momentum into lasting protections nationwide.

Rebuilding the Evidence Infrastructure

What Gets Measured Gets Prioritized

10 YEARS

national eating disorder surveillance gap
YRBS restored

After a decade-long STRIPED-coordinated effort to build a broad coalition and sustain dialogue with the CDC, the agency restored critically needed eating disorder surveillance to the national Youth Risk Behavior Survey, including the first-ever assessment of binge eating. A newly published CDC *Morbidity and Mortality Weekly Report (MMWR)* now shares the first national findings, marking a major milestone in translating years of advocacy into actionable data to inform research, prevention, and public health policy nationwide.

YRBS



Restored in 2025

FIRST EVER



Binge eating assessment

MMWR



Report released this October

BETTER DATA



Stronger policy + prevention

More to come in 2027

WHAT'S NEXT Powering the next generation of policy, prevention, equity, and action.

Growing the Next Generation of Youth Leaders

STRIPED brings together rigorous research, youth voice, and mentored opportunities for young people to shape today’s policy conversations and build tomorrow’s leaders.

STRIPED youth are translating advocacy experiences into leadership, visibility, and external support for eating disorders prevention.



STRIPED Youth Ignites External Support

\$3,000

FLORIDA Grant

Nikitha’s SPARK Grant marks external investment in STRIPED youth leadership.



STRIPED Youth Sahana Earns Statehouse News Coverage

OHIO

Statehouse News

Youth-driven advocacy in Ohio is pivotal to building state momentum and public visibility.



AWARDS, MEDIA + RESEARCH

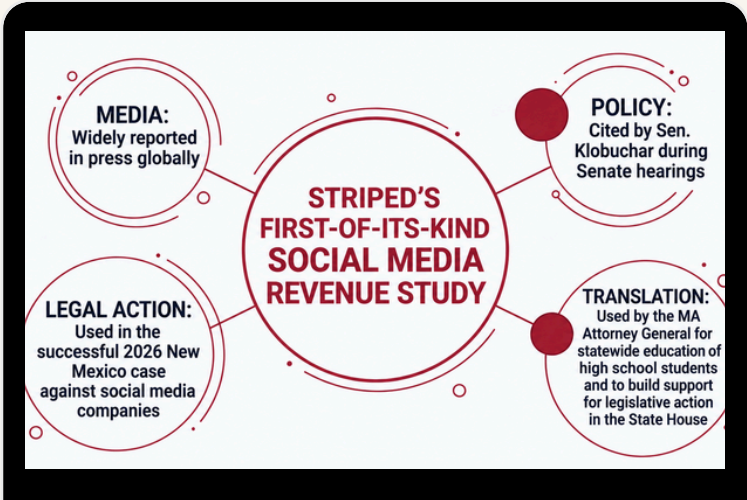
Youth advocates have garnered awards, been featured in the press, and contributed to published scientific journal articles.

Together, these examples show how STRIPED is growing a pipeline of youth leaders who can strengthen public education and accelerate advocacy in their own communities for eating disorders prevention.

Advancing Social Media Research

Evidence already influencing public action

STRIPED’s social media research has moved beyond academic publication to shape public debate, inform policymaking, and support legal action focused on youth safety. Looking forward, STRIPED will build on this foundation with next-generation research examining the broader impacts of social media and AI chatbots on youth mental health and eating disorders, while continuing to translate evidence into policy and legal relevance.



Why Invest Now

STRIPED is at an inflection point.

We have built the trusted partnerships, policy success track record, youth leadership, and evidence base needed to scale our impact further nationally and internationally. With philanthropic investment, STRIPED can accelerate state protections, strengthen youth-led advocacy, translate restored health surveillance into action, and lead the next wave of research on digital harms and solutions for young people.

WITH SUPPORT, STRIPED CAN:

- 01 Accelerate**
policy protections in states across the nation and internationally
- 02 Deepen**
youth advocacy and leadership development
- 03 Leverage**
health surveillance for prevention and action
- 04 Expand**
policymaker, media, and public education and awareness
- 05 Generate**
field-defining research on digital harms and eating disorders

Investing in STRIPED means investing in a model that turns science into solutions that matter.

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