



Helpful Grief Navigation Resources for Younger Adults

Organization	Name (Hyperlink)	Stated Mission / Description	Full Link
	The Children's Room	A nonprofit dedicated to supporting children, teens, and families in Massachusetts who are grieving. Mission to create safe, supportive communities so that no child, teen, or family has to grieve alone.	childrensroom.org
	American Foundation for Suicide Prevention	A voluntary health organization that gives those affected by suicide a nationwide community empowered by research, education and advocacy.	afsp.org
 GOOD GRIEF FESTIVAL	Good Grief Festival	To host highly engaging programmes of events and courses that bring people together to gain insight and knowledge, hear stories they can relate to, and find support and healing as part of the Good Grief community.	goodgrieffest.com

Feel free to check out our lab website via the QR code to the right, which includes additional grief resources in the “Lab Resources” tab!

