

# STRIPED

A PUBLIC HEALTH  
INCUBATOR

Strategic Training Initiative for the Prevention of Eating Disorders

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## Innovative Ideas to Catalyze Social Change 2024-2025

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**Boston Children's Hospital**

Where the world comes for answers



**HARVARD T.H. CHAN**  
SCHOOL OF PUBLIC HEALTH

# Executive Summary

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This report outlines the pioneering work in eating disorder prevention accomplished by the Strategic Training Initiative for the Prevention of Eating Disorders: A Public Health Incubator (STRIPED), led by Director Dr. S. Bryn Austin. STRIPED has created an unparalleled public health training and research program that provides researchers and students with opportunities to collaborate across disciplines to innovate and advance eating disorders prevention in a changing world. We are thankful for the generosity of our supporters and the dedication of our collaborators and trainees.

Since our inception in 2009, STRIPED has:

- Trained **104 graduate and post-graduate students** through practicum experiences and rigorous scientific research. STRIPED trainees are *change agents* who are equipped to put eating disorder prevention on the larger public health agenda at the local and national level.
- Raised awareness and sparked discussion at **158 academic seminars, conference presentations, and public events led by our trainees and guest lecturers at Harvard** within the academic and wider community on eating disorders and related problems with food, weight, and appearance.
- Reaching hundreds of key stakeholders in leadership with the federal and state governments, national public health nonprofit organizations, and healthcare sectors, STRIPED leads an ongoing multi-pronged strategy to continue to amplify and translate the key findings of our 2020 economic report on the societal cost of eating disorders, our 2022 report on the societal costs of body dissatisfaction and appearance-based discrimination, and our 2023 report on the astronomical revenue the major social media platforms generate off of US children online. Our reports remain the **most comprehensive examinations to date of the social and economic burden of eating disorders, body dissatisfaction, and appearance-based discrimination in the United States and the economic incentives for social media platforms to put profits above the health and safety of children**. Our reports provide a critical new body of evidence on the devastating impacts on individuals, families, and society as a whole.

A few highlights from the past year:

## Holding Social Media Accountable

Social media platforms increasingly shape how young people see themselves and the world. Building on our *Roadmap for Social Media Accountability*, STRIPED launched a seven-part video series to equip advocates and policymakers with practical tools to address harmful algorithms that amplify eating disorder content and promote dangerous products. Supported by the Becca Schmill Foundation, this series explains why algorithm transparency matters, how algorithms fuel body dissatisfaction and mental health

struggles, and what states can do to intervene. In Massachusetts, our model legislation—the Social Media Algorithm Accountability Act—has gained a legislative champion, Sen. John Velis, marking a milestone in advancing youth protections.

### **Harnessing AI for Advocacy**

STRIPED is exploring how artificial intelligence can power smarter, more effective advocacy for eating disorders prevention. Inspired by Youth Corps members Chuying Huo and Stanley Huang, we are piloting tools that use AI to simulate legislative testimony training and build chatbots to support advocates with real-time, evidence-based policy guidance. These youth-led projects combine cutting-edge technology with bold public health goals, reimagining what's possible in the fight to protect children from predatory industries.

### **Advancing Equity Through Research**

This year, STRIPED Visiting Fellow Chloe Gao launched the first U.S. qualitative study on colorism and body image among East Asian American young adults. By listening directly to youth, this project aims to reveal how colorism influences self-esteem and eating disorder risk and to co-create culturally tailored prevention strategies.

### **Building Capacity in the Courts**

With support from the American Association for Justice's Robert L. Habush Endowment, STRIPED launched a new initiative to educate judges and law clerks about the legal and health implications of social media algorithms for adolescent health and mental health, especially eating disorders. These plain-language resources will help courts make informed rulings in cases involving digital harms and youth mental health, many of which center on families and young people struggling with eating disorders.

### **Training the Next Generation**

The STRIPED Youth Corps continued to thrive, launching a new co-created training series on core advocacy skills:

- **Storytelling & Testimony Writing** - led by Stanley Huang.
- **Starting a Campaign in Your State** - taught by Corlie Zhuang.
- **Strategic Communication Across the Aisle** - guided by Arshia Verma and Erina Haque.

Youth Corps members put these skills into action nationwide to speak out about the dangers of over-the-counter diet pills: Caleb Song appeared on Fox 32 Chicago while Missouri youth team advocates Sahana Srikanth, Ketan Tamirisa, and Gaurish Agrawal published a powerful op-ed in the *Missouri Independent*. Together, these efforts demonstrate a growing pipeline of youth leaders driving toward real policy change.

And as always, there is much more to do. As we prepare for the next academic year, the STRIPED team will be leading a range of new and continuing projects. Here is just a sampling:

- **Data analytics resource.** The Eating Disorders Public Health Surveillance Working Group is developing a forthcoming resource, *Supporting Eating Disorder Surveillance: Best Practices in Data Analysis*, expected to be released by mid-2026. This resource will provide guidance and best practices to strengthen eating disorder surveillance efforts and support more consistent, accurate, and equitable data analysis across public health systems.
- **AI Advocacy tools.** In mid2026, our team will launch two new generative AI tools to strengthen eating disorders policy advocacy. **Legislative Simulacrum** is an interactive training platform that lets community advocates practice real-time conversations with a virtual lawmaker, building confidence and skills for high-impact legislative meetings. **AdvoCITE** is an open-source legal research chatbot that rapidly identifies and synthesizes relevant case law, statutes, and bills for user-defined advocacy campaigns, helping public health and legal partners move from ideas to legally grounded policy proposals much more efficiently.
- **Media/health literacy pilot study results.** We will be carrying out a media and health literacy intervention study focused on adolescents' exposure to and engagement with weight-loss and muscle-building content on social media. This study will examine changes in participants' awareness, critical appraisal skills, and online behaviors following the intervention, and it will contribute empirical evidence to inform the design of future youth-facing media literacy and public health education efforts.
- **Algorithm auditing white paper and mini conference.** Our team will produce a white paper for the American Association for Justice that examines how algorithmic systems used by social media platforms operate, the physical and mental health risks - particularly eating disorders -- they pose to youth, and their relevance to emerging civil litigation. This work will be accompanied by a virtual training planned for Spring 2026, bringing together legal, public health, and technology experts to translate the white paper's findings into practical guidance for judges and law clerks likely to hear cases involving social media harms to minors.

As a final word for this Executive Summary for the 2024-2025 academic year, it's important to acknowledge that the second half of this past year was profoundly affected by the new US federal administration beginning in January 2025. As a result of unprecedented attacks on Harvard, science, and public health as a whole, we lived and worked under what would have previously been unimaginable conditions. We and our colleagues across the country were in a battle of existential proportions over the value of science, public health, and higher education for our nation. In the words of author Rebecca Solnit, "There is no alternative to persevering." Persevere we will, but that does not mean just business as usual for us: We are fighting back, using STRIPED's strengths to guide us. STRIPED will continue to fight for a future where young people are protected

from harmful products, predatory industries, and inequitable systems – all while cultivating the next generation of young leaders to carry this work forward.

# What Is STRIPED?

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STRIPED is a graduate-level training initiative based at the Harvard T.H. Chan School of Public Health (Harvard Chan School) and Boston Children's Hospital (BCH). We bring together experts in eating disorders, public health, adolescent preventive medicine, health law, policy, economics, geography, and many other disciplines to create a public health incubator, a place where transdisciplinary collaborations catalyze crosscutting, innovative approaches to eating disorders prevention.

## Mission

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Our mission is to train the next generation of health professionals to harness the power of public health to prevent eating disorders and related problems with food, weight, and appearance. We strive to create a society where girls, boys, and people of all genders can grow up at home in their own bodies.

The well-documented health risks of eating disorders and the high numbers of youth engaging in dangerous behaviors in attempts to control their weight and shape underscore the critical need for prevention. But current prevention efforts are not adequate. Prevention strategies are needed on a large scale to reach the millions of youth at risk. They also need to reach young people early, before they have started down the path of escalating weight and shape control behaviors that can eventually lead to an eating disorder and other serious health problems.

Substantial advances in our capacity to prevent eating disorders and dangerous weight and shape control behaviors will require concerted effort to integrate eating disorders prevention into the curricula of the nation's training programs producing the next generation of public health and adolescent health professionals. Our mission with STRIPED is to do exactly that: To bring eating disorders prevention into the mainstream of training for public health and adolescent preventive medicine.

## Training Strategy

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STRIPED is designed to be easily integrated into the existing training format at the Harvard Chan School and BCH. The six training components of our initiative are:

Research Projects, Practicum Fieldwork, Independent Study Course, Academic Seminars, Case-Based Curriculum, and Policy Translation. We provide trainees with research opportunities that help them develop content expertise in prevention of eating disorders and dangerous weight and shape control behaviors and the methodological expertise needed to conduct rigorous scientific research. Trainees are linked with opportunities to take part in research projects, provided with funding so they can devote the time needed to carry out the projects, and mentored by experts in the field. In addition, trainees are able to apply for an annual Early Career Development Research Award to carry out their own independent research.

We also link trainees with practicum opportunities and provide support for them to carry out fieldwork focused on eating disorders prevention. For interested Harvard Chan School students, we offer the independent study course “Independent Study in Eating Disorders Prevention: A Strategy Incubator,” which provides mentorship from STRIPED faculty to help students generate novel, transdisciplinary strategies to prevent eating disorders and the spectrum of disordered weight- and shape-control behaviors. Students work closely with Dr. Bryn Austin to develop innovative approaches for prevention that expand beyond the bounds of current thinking in the field.

Through academic seminars, we incorporate academic sessions on topics related to eating disorders prevention into a range of standing seminars and courses offered at Harvard Chan School and BCH in addition to film screenings and discussions for the wider community. Our case-based curriculum, both in traditional classroom settings and with online learning communities, engages learners in real-world dilemmas, problem solving, and teamwork to tackle current, high-impact issues in eating disorders prevention.

STRIPED offers travel scholarships for trainees to attend the Eating Disorders Coalition Congressional Advocacy Day on Capitol Hill to give them first-hand experience in effective policy advocacy for public health. At these Advocacy Days, STRIPED is represented by a diverse group of passionate students, researchers, and clinicians who travel to meet with members of Congress and their staff to tell them in their own words about the devastating impact of eating disorders and the urgent need for prevention. Using policy translation strategies to put democracy into action, our team joins like-minded people from all walks of life and from all across the country to convey to our national leaders how urgent the problem of eating disorders is and how vast the suffering and inequities in access to care and evidence-based prevention.

# Faculty

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Erica Kenney, ScD, MPH

Associate Professor in Nutrition and in Social and Behavioral Sciences, Harvard Chan School

Josiemer Mattei, PhD, MPH, FAHA

Donald and Sue Pritzker Associate Professor of Nutrition, Department of Nutrition, Harvard Chan School

Sarah Pitts, MD

Associate Professor in Pediatrics, Harvard Medical School; Director, Adolescent Medicine Fellowship Program, Boston Children's Hospital; Director, Leadership Education in Adolescent Health (LEAH), Boston Children's Hospital

Tracy Richmond MD, MPH

Associate Professor in Pediatrics, Harvard Medical School; Director, Eating Disorder Program, Director, STEP Program; Physician, Division of Adolescent Medicine

# Staff

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Jill Kavanaugh, MLIS, AHIP

STRIPED Program Manager

Abigail Bulens, BA

STRIPED Program Coordinator

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# Collaborating Mentors

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Professor, Department of Prevention and Community Health, Milken Institute School of Public Health, George Washington University, Washington, DC

Rachel Plummer, MPH

Director of Programs and Public Policy, Cambridge Economic Opportunity Committee

Amanda Raffoul, PhD, MSc

Assistant Professor, Department of Nutritional Sciences, University of Toronto

Rachel Rodgers, PhD

Associate Professor, Department of Applied Psychology, Northeastern University, Boston; Laboratoire de Stress Traumatique, Université Paul Sabatier, Toulouse, France

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Associate Professor, Nutritional Sciences, University of Michigan School of Public Health, Ann Arbor, MI

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# Past Collaborating Mentors

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Lecturer and Clinical Instructor, Animal Law and Policy Clinic, Harvard Law School;  
Visiting Instructor, Friedman School of Nutrition Science and Policy, Tufts University

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Katherine Record, JD, MPH, MA

Executive Director, Lahey MassHealth Accountable Care Organization, Lahey Clinical  
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Mihail Samnaliev, PhD

Assistant Professor in Pediatrics, Department of General Pediatrics, HMS and Health  
Economist, Clinical Research Center, BCH, Boston

# International Expert Advisory Panel

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Debra Franko, PhD

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Associate Professor, Department of Family Relations and Applied Nutrition, University  
of Guelph, Guelph, Canada

Dianne Neumark-Sztainer, PhD, MPH, RD

Division Head in Division of Epidemiology and Community Health, University of  
Minnesota School of Public Health, Minneapolis, Minnesota

Susan Paxton, PhD

Emeritus Professor in Psychology, La Trobe University, Melbourne, Australia

# Fellows and Visiting Scholars

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## 2024-2025

Maya Azar Atallah, MSc  
PhD Student in Nutritional Sciences, Rutgers University, New Brunswick

Ariel Beccia, MS, PhD  
Postdoctoral Fellow, Boston Children's Hospital

Marilyn ("M") Bromberg, PhD  
University of Western Australia Law School in Perth, Australia

Sook Ning Chua, PhD  
Clinical Psychologist and Founder, Relate Malaysia

Nadia Craddock, PhD  
Research Fellow, Centre for Appearance Research, Faculty of Health and Applied Sciences, University of the West England, Bristol, UK

Trine Tetlie Eik-Nes, MSc, PhD  
Associate Professor at Department of Neuroscience and Behavioral Medicine, Norwegian University of Science and Technology

Chloe Gao,  
MD/PhD student, University of British Columbia

Monica Henderson, MPH  
Program and Outreach Coordinator, School of Social Work, University of Pittsburgh

Flora Or, MHS, ScD  
Director of Incubation and Testing, Behavioral Insights & Program Design, Cityblock Health

Iyiola Solanke, PhD  
Jacques Delors Chair of EU Law, Oxford University

## 2023-2024

Maya Azar Atallah, MSc  
PhD Student in Nutritional Sciences, Rutgers University, New Brunswick

Ariel Beccia, MS, PhD  
Postdoctoral Fellow, Boston Children's Hospital

Jerel Calzo, MPH, PhD  
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Clinical Psychologist and Founder, Relate Malaysia

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Research Fellow, Centre for Appearance Research, Faculty of Health and Applied Sciences, University of the West England, Bristol, UK

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Associate Professor at Department of Neuroscience and Behavioral Medicine, Norwegian University of Science and Technology

Chloe Gao,  
MD/PhD student, University of British Columbia

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PhD-Student Modum Bad Psychiatric Centre and Department of Clinical Psychology, University of Oslo in Norway

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## **2022-2023**

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Flora Or, MHS, ScD  
Director of Incubation and Testing, Behavioral Insights & Program Design, Cityblock  
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Global Head of Education and Advocacy, Dove Self-Esteem Project

Iyiola Solanke, PhD  
Jacques Delors Chair of EU Law, Oxford University

Trine Tetlie Eik-Nes, MSc, PhD  
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## **2021-2022**

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## 2020-2021

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Formerly Legal Counsel, Israeli Ministry of Justice in public health products regulation

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Research Program Manager, Icahn School of Medicine, Mount Sinai Hospital, New York

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Lesley Williams, MD  
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Medicine Physician and Eating Disorder Specialist

Kuanysh A Yergaliyev, MD, MPH, DrPH  
Director, Suleyman Demirel University, Kazakhstan

## **2019-2020**

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Associate Professor of Psychology, Dickinson College, Carlisle, PA

Karin Dunker, PhD  
Programa de Atenção aos Transtornos Alimentares (PROATA), Department of  
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Sarith Felber, LL.B, LL.M  
Formerly Legal Counsel, Israeli Ministry of Justice in public health products regulation

Katelyn Ferreira, MPH  
Research Program Manager, Icahn School of Medicine, Mount Sinai Hospital, New York

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Senior Research Fellow, Melbourne School of Population and Global Health, The  
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## **2018-2019**

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## Trainees

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### 2024-2025

Ryan Ahmed, Life Sciences and Osteopathic Medicine, New York Institute of Technology

Caroline Berish, BA, J.D. Candidate, Michigan State University College of Law

Sarah Cheng, College Student, Brown University

Stephanie Diamond, BA, J.D. Candidate, Michigan State University College of Law

Stanley Huang, BA student in Economics, Boston University

Destiny Jackson, BA, Doctoral student, Population Health Sciences, Harvard T.H. Chan School of Public Health

Mallory Kean, BA, J.D. Candidate, Michigan State University College of Law

Yuning Liu, MBBS, MS, Doctoral Student, Population Health Sciences, Harvard T.H. Chan School of Public Health

Kelsey Kinderknecht, MPH, Doctoral student, Dept. of Nutrition, Harvard T.H. Chan School of Public Health

Junjie Anderson Lu, MD, MS, MPH, Doctoral student, Epidemiology and Clinical Research, Stanford University of Medicine

Pari Patel, College Student, New York Institute of Technology

Laura Torrent, Masters of Public Health Student, Department of Health Policy and Management at the Harvard School of Public Health

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## **2023-2024**

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Olayinka Fakorede, BSc, MBBS, Master of Public Health student, Global Health and Population, Harvard T.H. Chan School of Public Health

Stanley Huang, BA student in Economics, Boston University

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Yuning Liu, MBBS, MS, Doctoral Student, Population Health Sciences, Harvard T.H. Chan School of Public Health

Egbe Ndip-Agbor, A.B. student in Neuroscience on the Neurobiology track, Harvard College

Oluwadunni Ojumu, A.B. student in Neuroscience on the Mind, Brain, and Behavior track, Harvard College

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Ye Shen, MSPH, Doctoral student, Harvard Interfaculty Ph.D. Program in Health Policy, Harvard University

Meekang Sung, PharmD, Master of Science, Department of Social and Behavioral Sciences, Harvard T.H. Chan School of Public Health

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Meghan Harshaw, Nutrition and Entrepreneurship, Harvard T.H. Chan School of Public Health

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Egbe Ndip-Agbor, Neuroscience on the Neurobiology track, Harvard College

Oluwadunni Ojumu, Neuroscience on the Mind, Brain, and Behavior track, Harvard College

Pari Patel, Biological Sciences, New York Institute of Technology

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Ye Shen, MSPH, Health Policy, Harvard University

Rebecca Sutton, BA, Michigan State University College of Law

Samantha Turner, BS, RN, University of Massachusetts Medical School, Graduate School of Nursing

Arshia Verma, College of Natural Sciences (Polymathic Honors), University of Texas at Austin

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Madeline Jones, BA, Michigan State University College of Law  
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Miriam Nelson, Harvard College  
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Marlena Skrabak, History & Science (Medicine and Society) and French, Harvard  
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Samantha Turner, BS, RN, Graduate School of Nursing, University of Massachusetts  
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## **2019-2020**

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Allison Baker, MPH, Social and Behavioral Sciences, Harvard Chan School  
Ariel Beccia, MS, Population and Quantitative Health Sciences, University of  
Massachusetts Medical School  
Hannah Cory, MPH, RD, Nutrition, Harvard Chan School  
Stefani Karr, BA, Health Policy and Management, Harvard Chan School  
Longxiang Li, MS, Environmental Health, Harvard Chan School  
Todd Liou, BA, Health Policy and Management, Harvard Chan School  
Gabe Murchison, MPH, Social and Behavioral Sciences, Harvard Chan School

Tricia Rodriguez, MPH, Comparative Health Outcomes, Policy, and Economics Institute, University of Washington

Kelsey Rose, MPH, Dietetic Intern, Simmons University

Kendall Sharp, BA, Social and Behavioral Sciences, Harvard Chan School

Tammy (Jiachen) Yan, BA, Prevention Science and Practice (Adolescent Counseling), Harvard Graduate School of Education

## **2018-2019**

Allison Baker, MPH, Social and Behavioral Sciences, Harvard Chan School

Hannah Cory, MPH, RD, Nutrition, Harvard Chan School

Stefani Karr, BA, Health Policy and Management, Harvard Chan School

Longxiang Li, MS, Environmental Health, Harvard Chan School

Supriya Misra, MA, Social and Behavioral Sciences, Harvard Chan School

Gabe Murchison, MPH, Social and Behavioral Sciences, Harvard Chan School

Tricia Rodriguez, MPH, Comparative Health Outcomes, Policy, and Economics Institute, University of Washington

Jordan Schultz, BA, Epidemiology and Biostatistics, Boston University School of Public Health

Kendall Sharp, BA, Social and Behavioral Sciences, Harvard Chan School

Thamara Subramanian, BS, Social and Behavioral Sciences, Harvard Chan School

Alvin Tran, ScD, MPH, Nutrition and Social and Behavioral Sciences, Harvard Chan School

Amanda Waldron, RD, Division of Adolescent Medicine, Boston Children's Hospital

Breanne Wilhite, BA, Social and Behavioral Sciences, Harvard Chan School

Kuanysh Yergaliyev, MD, MPH, Public Health Leadership, Harvard Chan School

## **2017-2018**

Katelyn Ferreira, BA, Social and Behavioral Sciences, Harvard Chan School

Monica Kriete, BA, social and Behavioral Sciences, Harvard Chan School

Longxiang Li, MS, Environmental Health, Harvard Chan School

Supriya Misra, MA, Social and Behavioral Sciences, Harvard Chan School

Flora Or, ScD, MHS, Social and Behavioral Sciences, Harvard Chan School

Thamara Subramanian, BS, Social and Behavioral Sciences, Harvard Chan School  
Alvin Tran, MPH, Nutrition and Social and Behavioral Sciences, Harvard Chan School  
Breanne Wilhite, BA, Social and Behavioral Sciences, Harvard Chan School  
Kuanysh Yergaliyev, MD, MPH, Public Health Leadership, Harvard Chan School

## **2016-2017**

Emilie Doan Van, BA, Social and Behavioral Sciences, Harvard Chan School  
Katelyn Ferreira, BA, Social and Behavioral Sciences, Harvard Chan School  
Allegra Gordon, ScD, MPH, Division of Adolescent and Young Adult Medicine, BCH  
Xindi (Cindy) Hu, MS, Environmental Health, Harvard Chan School  
Yongjoo Kim, PhD, MPH, Social and Behavioral Sciences, Harvard Chan School  
Monica Kriete, BA, Social and Behavioral Sciences, Harvard Chan School  
Longxiang Li, MS, Environmental Health, Harvard Chan School  
Ayesha McAdams-Mahmoud, MPH, Social and Behavioral Sciences, Harvard Chan School  
Flora Or, MHS, Social and Behavioral Sciences, Harvard Chan School  
Alvin Tran, MPH, Nutrition and Social and Behavioral Sciences, Harvard Chan School  
Kuanysh Yergaliyev, MD, MPH, Public Health Leadership, Harvard Chan School

## **2015-2016**

Allegra Gordon, ScD, MPH, Division of Adolescent and Young Adult Medicine, BCH  
Xindi (Cindy) Hu, MS, Environmental Health, Harvard Chan School  
Erica Kenney, ScD, MPH, Social and Behavioral Sciences, Harvard Chan School  
Yongjoo Kim, PhD, MPH, Social and Behavioral Sciences, Harvard Chan School  
Esther Li, BS, Social and Behavioral Sciences, Brown University School of Public Health  
Longxiang Li, MS, Environmental Health, Harvard Chan School  
Ayesha McAdams-Mahmoud, MPH, Social and Behavioral Sciences, Harvard Chan School  
Ariane Moss, MS, Harvard Law School  
Flora Or, MHS, Social and Behavioral Sciences, Harvard Chan School  
Aryn Phillips, BA, Social and Behavioral Sciences, Harvard Chan School

Marysa Sheren, BA, Technology, Innovation & Education, Harvard Graduate School of Education

Alvin Tran, MPH, Nutrition and Social and Behavioral Sciences, Harvard Chan School

Trine Tetlie Eik-Nes, MSc, Neuroscience, Norwegian University of Science and Technology

Suzanne Wintner, MPH, Social and Behavioral Sciences, Harvard Chan School

Kuanysh Yergaliyev, MD, MPH, Public Health Leadership, Harvard Chan School

Sara Ziff, BA, Public Administration, Harvard Kennedy School, Founder of the Model Alliance

## **2014-2015**

Amy Brunner, BA Technology, Innovation & Education, Harvard Graduate School of Education

Elizabeth Cheever, BS, Computational Biology and Quantitative Genetics, Harvard Chan School

Allegra Gordon, MPH Social and Behavioral Sciences, Harvard Chan School

Ryan Huerto, MEd, Social and Behavioral Sciences, Harvard Chan School

Erica Kenney, ScD, MPH, Social and Behavioral Sciences, Harvard Chan School

Emily Kroshus, ScD, MPH, Social and Behavioral Sciences, Harvard Chan School

Anvita Kulkarni, BA Social and Behavioral Sciences, Harvard Chan School

Esther Li, BS, Behavioral and Social Sciences, Brown University of Public Health

Selena Hua Liu, MS, Social and Behavioral Sciences, Harvard Chan School

Kate Makaroff, Neurobiology and Global Health & Health Policy, Harvard College

Morgan Redman, BA, Social and Behavioral Sciences, Harvard Chan School

Alvin Tran, MPH, Nutrition and Social and Behavioral Sciences, Harvard Chan School

## **2013-2014**

Lakendra Barajas, Harvard Law School

Grant Barbosa, Harvard Law School

Kelly Bauer, Concentration in Global Health and Health Policy, Harvard College

Samantha Glover, Harvard Law School

Allegra Gordon, MPH, Social and Behavioral Sciences, Harvard Chan School

Brigitte Granger, BA, Social and Behavioral Sciences, Harvard Chan School

Erica Kenney, ScD, MPH, Social and Behavioral Sciences, Harvard Chan School  
Emily Kroshus, MPH, Social and Behavioral Sciences, Harvard Chan School  
Eric Nazar, Harvard Graduate School of Education  
Selena Hua Liu, Social and Behavioral Sciences, Harvard Chan School  
Hyungi LeAnn Noh, MS, Social and Behavioral Sciences, Harvard Chan School  
Morgan Redman, MS, Social and Behavioral Sciences, Harvard Chan School

## **2012-2013**

Kelly Bauer, Concentration in Global Health and Health Policy, Harvard College  
Katherine Cohen Cooper, Harvard Law School  
Bernice Garnett, ScD, MPH, Social and Behavioral Sciences, Harvard Chan School  
Brigitte Granger, Social and Behavioral Sciences, Harvard Chan School  
Allegra Gordon, MPH, Social and Behavioral Sciences, Harvard Chan School  
Matías Irrázaval, MD, Social and Behavioral Sciences, Harvard Chan School  
Yushan Jiang, MS, Global Health and Population, Harvard Chan School  
Yongjoo Kim, PhD, Social and Behavioral Sciences, Harvard Chan School  
Emily Kroshus, MPH, Social and Behavioral Sciences, Harvard Chan School  
Hyungi LeAnn Noh, Social and Behavioral Sciences, Harvard Chan School

## **2011-2012**

Rob Buelow, BA, Society, Human Development and Health, Harvard Chan School  
Jerel Calzo, PhD, Division of Adolescent and Young Adult Medicine, BCH  
Katherine Cohen Cooper, Harvard Law School  
Bernice Garnett, MPH, Society, Human Development and Health, Harvard Chan School  
Allegra Gordon, MPH, Society, Human Development and Health, Harvard Chan School  
Leah Hawkins, MD, Society, Human Development and Health, Harvard Chan School;  
HMS  
Emily Kroshus, MPH, Society, Human Development and Health, Harvard Chan School  
Elisabeth Malin, BA, Health Policy and Management, Harvard Chan School  
Boram Seo, MD, Society, Human Development and Health, Harvard Chan School  
Monica Wang, MS, Society, Human Development and Health, Harvard Chan School

## 2010-2011

Maliha Ali, MD, Maternal and Child Health, Harvard Chan School

Rob Buelow, BA, Society, Human Development and Health, Harvard Chan School

Jerel Calzo, PhD, Division of Adolescent and Young Adult Medicine, BCH

Meagan Campol, BA, Maternal and Child Health, Harvard Chan School

Meredith Chace, MS, Health Policy and Management, Harvard Chan School

Bernice Garnett, MPH, Society, Human Development and Health, Harvard Chan School

Emily Kroshus, MPH, Society, Human Development and Health, Harvard Chan School

Jenna Kruger, BA, Health Policy, Yale University

Lisa Taylor, Harvard Law School

Monica Wang, MS, Society, Human Development and Health, Harvard Chan School

## 2009-2010

Bernice Garnett, MPH, Society, Human Development and Health, Harvard Chan School

Emily Kroshus, MPH, Society, Human Development and Health, Harvard Chan School

Monica Wang, MS, Society, Human Development and Health, Harvard Chan School

# Youth Corps

---

## 2024-2025

Erina Haque, 12<sup>th</sup> Grade, Virginia, USA

Helena Huynh, Student at Boston University, USA

Anya Kleinman, 12<sup>th</sup> Grade, Maryland

Arjun Krishnagopal, 12<sup>th</sup> grade, Pennsylvania, USA

Aryan Reddy, Student at UT Austin, Texas, USA

Caleb Song, 12<sup>th</sup> grade, Illinois, USA

Nuha Salam, 12<sup>th</sup> grade, Massachusetts, USA

Malini Sampath, Junior at Dartmouth College, Hanover, New Hampshire, USA  
Shreya Sanjay, High School Student, New Jersey, USA  
Sahana Srikanth, 12<sup>th</sup> grade, Ohio, USA  
Sanada Sudhakar, 11<sup>th</sup> grade, Michigan, USA  
Ketan Tamirisa, Freshman at Washington University, St. Louis, Missouri, USA  
Arshia Verma, BSA Neuroscience Student at University of Texas at Austin, Texas, USA  
Tisya Verma, 10<sup>th</sup> grade, Texas, USA  
Corlie Zhang, 12<sup>th</sup> Grade, Washington, USA

## 2023-2024

Jad Abdel Nour, 12<sup>th</sup> grade, Covina, California, USA  
Anneliese Conine, 11<sup>th</sup> grade, Phillips Exeter Academy, New Hampshire, USA  
Sarah Cheng, 12<sup>th</sup> grade, Bronx High School of Science, New York, USA  
Veerika Dube, 12<sup>th</sup> grade, Bronx, New York, USA  
Chuying Huo, 12<sup>th</sup> grade, London, Ontario, Canada  
Vamsi Krishna, 12<sup>th</sup> grade, Downingtown, Pennsylvania, USA  
Megan Kwok, 12<sup>th</sup> grade, London, England  
Najman Mahbouba, 12<sup>th</sup> grade, Los Gatos, California, USA  
Udgita Pamidigantam, 12<sup>th</sup> grade, North Brunswick, New Jersey, USA  
Pari Patel, BSc in Molecular Biology at New York Institute of Technology, New York, USA  
Aryan Reddy, Student at UT Austin, Texas, USA  
Nikhil Reddy, 12<sup>th</sup> grade, Southlake, Texas, USA  
Ailsa Sun, BA in Applied Mat & Data Science at UC Berkeley, Berkeley, California, USA  
Sahana Srikanth, 11<sup>th</sup> grade, Ohio  
Lucy Takura, 12<sup>th</sup> grade, Wellington College International, Shanghai, China  
Ketan Tamirisa, Student at Washington University, St. Louis, Missouri, USA  
Arshia Verma, BSA Neuroscience Student at University of Texas at Austin, Texas, USA

## **2022-2023**

Tasmia Afrin, 12th grade, Queens, New York, USA  
Siya Angras, 12th grade, Piscataway, New Jersey, USA  
Charlotte Chiang, 12th grade, Rancho Palos Verdes, California, USA  
Saket Datla, 12th grade – Hyderabad, India  
Jessie Dong, 12th grade, Nassau County, New York, USA  
Caroline Hodi, 12th grade, Southborough, Massachusetts, USA  
Chuying Huo, 12th grade, London, Ontario, Canada  
Sabeen Khalid, 12th grade, Queens, NY, USA  
Vamsi Krishna, 12th grade, Downingtown, Pennsylvania, USA  
Diya Girish Kumar, 11th grade, Brookfield, Connecticut, USA  
Megan Kwok, 11th grade, London, England  
Najman Mahbouba, 11th grade, Los Gatos, California, USA  
Juliet Bou Mansour, 12th grade, Somerset, New Jersey, USA  
Jaanak Prashar, 11th grade, Katy, Texas, USA  
Edward Thomas, 11th grade, Willowbrook, Illinois, USA  
Kelsey Wu, 12th grade, Diamond Bar, California, USA  
Madison Zeng, 12th grade, Queens, New York, USA

## **2021-2022**

Tasmia Afrin, 11<sup>th</sup> grade, Queens, New York, USA  
Ryan Ahmed, 12<sup>th</sup> grade, Kew Gardens, New York, USA  
Joanne Chung, 12<sup>th</sup> grade, Bayside, New York, USA  
Saket Dakla, 11<sup>th</sup> grade, Hyderabad, India  
Tejas Devata, 12<sup>th</sup> grade, Dallas, Texas, USA  
Stanley Huang, 12<sup>th</sup> grade, Brooklyn, New York, USA

Chuying Huo, 10<sup>th</sup> grade, London, Ontario, Canada  
Diya Girish Kumar, 10<sup>th</sup> grade, Brookfield, Connecticut, USA  
Sabeen Khalid, 11<sup>th</sup> grade, Queens, NY, USA  
Megan Kwok, 10<sup>th</sup> grade, London, England  
Jaanak Prashar, 10<sup>th</sup> grade, Katy, Texas, USA  
Edward Thomas, 10<sup>th</sup> grade, Willowbrook, Illinois, USA  
Kelsey Wu, 11<sup>th</sup> grade, Diamond Bar, California, USA  
Alexandra Xu, 12<sup>th</sup> grade, Scotch Plains, New Jersey, USA  
Madison Zeng, 11<sup>th</sup> grade, Queens, New York, USA

## 2020-2021

Tasmia Afrin, 10<sup>th</sup> grade, Queens, New York, USA  
Anisa Bhandari, 12<sup>th</sup> grade, London, England  
Stanley Huang, 11<sup>th</sup> grade, Brooklyn, New York, USA  
Kelsey Wu, 10<sup>th</sup> grade, Diamond Bar, California, USA  
Joanne Chung, 11<sup>th</sup> grade, Bayside, New York, USA

# Funding Sources

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So much of what STRIPED has accomplished has been made possible by the generous and ongoing support of the Ellen Feldberg Gordon Fund for Eating Disorders Prevention Research from STRIPED's inception in 2009 to the present.

STRIPED is also grateful for the generous support of Jennifer Perini from 2016 to the present.

Over the past year, our work has been supported by:

A Chance to Heal Fund Endowment, established in 2014 with the generous support of:  
Ivy Silver with Jennifer Miles, Barbara & David Goodman, Susan Jackson Tressider,  
and Joanna Berwind Creamer (Established 2014)

Anonymous (2019-2023)

Becca Schmill Foundation (2022; 2022-2023)

Canadian Institutes of Health Research Fellowship, PI Raffoul (2020-2023)

Dove Self-Esteem Project (2020-2021; 2022-2023)

Denise and Daniel Hamburger (2019-2024)

William Landreth (2021-2024)

Network of the National Library of Medicine, PI Kavanaugh (2023-2024)

Ruth L. Kirschstein Postdoctoral Individual National Research Service Award F32, PI Beccia (2022-2025)

U.S. Department of Defense (2019-2024)

U.S. Maternal and Child Health Bureau/Health Resources and Services Administration training grants T76-MC00001, PI Tiemeier, and Leadership Education in Adolescent Health Project T71-MC00009, PI Emans/Pitts (2009-2024)

Our work has also been supported in past years by:

Shilpa Vadodaria (2022)

Anisa S. Bhandari (2021)

Office on Dietary Supplements, National Institutes of Health (2021)

Boston Children's Hospital Translational Research Program (2018)

Harvard Catalyst (2017-2018)

Harvard Initiative for Learning and Teaching (2016-2017; 2017-2018)

Institutional Centers for Clinical and Translational Research, Boston Children's Hospital (2022)

Janssen Research and Development, Johnson & Johnson (2017-2018)

National Adolescent and Young Adult Health Research Network (AYA-HRN) (2017-2018)

Office on Women's Health, U.S. Department of Health and Human Services (2018)

Willamette Nutrition Source, LLC (2018)

Jean Marie Arduino (2017)

National Eating Disorders Association (2015-2017)

Association of Teachers of Maternal and Child Health (2016)

Amy Spies (2012-2015)

Harvard Chan School Curriculum Innovation Grant (2015)

Rhode Island Foundation/Ophelia's Place (2011; 2014)

Robert Wood Johnson Foundation Seed Grants (2010-2011; 2012-2013)

Delta Delta Delta Fraternity & the Center for Living, Learning & Leading, Inc. (2011)

## STRIPED Early Career Development Awards

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### 2022-2023

- Ariel Beccia: Structural Stigma and Eating Disorders in LGBTQ+ Youth Populations: Examining Early Life-Course and Intersectional Effects
- Kelsey Kinderknecht: Exploring feelings, emotions, judgements, and internalized stigma related to food behaviors among caregivers of young children

### 2021-2022

- Amanda Raffoul: Exploring Diet-Related Content and Product Advertising on TikTok: A Pilot Study

### 2020-2021

- Wanqing Xu & Andrea López-Cepero: Association Between Food Insecurity and Dysfunctional Eating Behaviors Among Puerto Rican Adults

## **2019-2020**

- Flora Or: Adverse Events Due to Dietary Supplements: Disparities in Severe Outcomes by Gender, Age, and Supplement Type

## **2018-2019**

- Josiemer Mattei & Hannah Cory: Sociocultural Weight Stigma and Disordered Eating Behaviors in Latinx Adolescents
- Kuanysh Yergaliyev: Policy Translation to Improve Regulation of Dietary Supplements for Weight Loss and Muscle Building Sold to Youth in Massachusetts Municipalities

## **2016-2017**

- Allegra Gordon: The BOLD Study: Being Ourselves, Living in Diverse Bodies
- Yongjoo Kim: Identifying Sociocontextual Influences on Eating Disorders Risk Among Adolescents in South Korea

## **2015-2016**

- Erica Kenney: Do Schools Unintentionally Promote Unhealthy Weight Control Behaviors With Their Health Promotion Programs?
- Flora Or: Adverse Events in the Past Decade: Are Dietary Supplements Truly Safe Until Proven Otherwise?

## **2014-2015**

- Emily Kroshus: Primary and Secondary Prevention of Disordered Eating in Sports Settings: Understanding Determinants of Coach Behaviors and Developing Strategies for Change
- Allegra Gordon: Project Body Talk: Experiences of Weight and Shape Control Among Young Transgender Women

## **2013-2014**

- Erica Kenney: Measuring Weight-Based Discrimination in School Settings
- Emily Kroshus: Group Processes for Risk and Prevention of Unhealthy Behaviors on College Sports Teams

## **2012-2013**

- Bernice Garnett: The Intersection Between Weight-Based Discrimination and Racial Discrimination: A Mixed-Methodology Study With Ethnically Diverse Youth
- Emily Kroshus: Health and Performance Promotion as Eating Disorder Prevention? Understanding the Role of Healthy Athletic Behaviors as Protective for Disordered Eating on Female Collegiate Sports Teams

## 2011-2012

- Bernice Garnett: The Intersection Between Weight-Based Discrimination and Racial Discrimination: A Mixed-Methodology Study With Ethnically Diverse Youth
- Monica Wang: Risk and Protective Factors of Disordered Weight Control Behaviors among Youth

# Research Opportunities for Trainees

---

## 2024-2025

Trainee: Caroline Berish  
Social Media Legal Research Study  
Faculty Mentors: Nancy Costello and Bryn Austin

Trainee: Stephanie Diamond  
Social Media Legal Research Study  
Faculty Mentors: Nancy Costello and Bryn Austin

Trainee: Mallory Kean  
Social Media Legal Research Study  
Faculty Mentors: Nancy Costello and Bryn Austin

Trainee: Joanne Chung  
Social Media Legal Research Study  
Faculty Mentors: Nancy Costello and Bryn Austin

Trainee: Stanley Huang  
Social Media, Deceptive Design, and Eating Disorders  
Faculty Mentor: Bryn Austin

Trainee: Chuying Huo  
Mapping Eating Disorders Treatment Services Nationwide  
Faculty Mentor: Lingbo Liu

Trainee: Yuning Liu  
Social Media, Deceptive Design, and Eating Disorders  
Faculty Mentor: Bryn Austin

Trainee: Junjie Anderson Lu  
Advertising and colorist implications  
Faculty Mentor: Bryn Austin

## 2023-2024

Trainee: Mackenzie Almassian  
Social Media Legal Research Study  
Faculty Mentors: Nancy Costello and Bryn Austin

Trainee: Stanley Huang  
Policy Translation for Out of Kids' Hands Campaign  
Faculty Mentor: Bryn Austin

Trainee: Stanley Huang  
Social Media, Deceptive Design, and Eating Disorders  
Faculty Mentor: Bryn Austin

Trainee: Yuning Liu  
Social Media, Deceptive Design, and Eating Disorders  
Faculty Mentor: Bryn Austin

Trainee: Egbe Ndip-Agbor  
CROWN Act Study  
Faculty Mentors: Bryn Austin and Amanda Raffoul

Trainee: Meg Salvia  
Social Media Legal Research Study  
Faculty Mentor: Bryn Austin

Trainee: Meekang Sung  
Social Media, Deceptive Design, and Eating Disorders  
Faculty Mentor: Bryn Austin

## **2022-2023**

Trainee: Ryan Ahmed  
Policy Translation for Out of Kids' Hands Campaign  
Faculty Mentors: Bryn Austin and Amanda Raffoul

Trainee: Mackenzie Almassian  
Social Media Legal Research Study  
Faculty Mentors: Nancy Costello and Bryn Austin

Trainee: Upanita Barman  
Economic Costs of the Bill to Ban the Sale of Diet Pills and Muscle-Building  
Supplements  
Faculty Mentor: Bryn Austin

Trainee: Valeria Duran

TikTok Marketing of Dietary Supplements  
Faculty Mentor: Amanda Raffoul

Trainee: Nat Egan  
Radcliffe Seminar: Re-envisioning the Future of BMI Surveillance  
Faculty Mentor: Bryn Austin

Trainee: Meghan Harshaw  
Commercial Determinants of Health  
Faculty Mentor: Bryn Austin

Trainee: Destiny Jackson  
Dietary Supplement Use in the COVID-19 Pandemic  
Faculty Mentors: Bryn Austin and Amanda Raffoul

Trainee: Madeline Jones  
Social Media Legal Research Study  
Faculty Mentors: Nancy Costello and Bryn Austin

Trainee: Anderson (Junjie) Lu  
TikTok Marketing of Dietary Supplements  
Faculty Mentors: Amanda Raffoul

Trainee: Egbe Ndip-Agbor  
CROWN Act Study  
Faculty Mentors: Bryn Austin and Amanda Raffoul

Trainee: Oluwadunni Ojumu  
Social Media Legal Research Study  
Faculty Mentor: Bryn Austin

Trainee: Pari Patel  
Policy Translation for Out of Kids' Hands Campaign  
Faculty Mentor: Bryn Austin

Trainee: Meg Salvia  
Social Media Legal Research Study  
Faculty Mentor: Bryn Austin

Trainee: Ye Shen  
Microsimulation Study  
Faculty Mentor: Amanda Raffoul

Trainee: Rebecca Sutton  
Social Media Legal Research Study  
Faculty Mentors: Nancy Costello and Bryn Austin

Trainee: Samantha Turner  
Dietary Supplement Use in the COVID-19 Pandemic in Nurses  
Faculty Mentors: Bryn Austin and Amanda Raffoul

Trainee: Arshia Verma  
Policy Translation for Out of Kids' Hands Campaign  
Faculty Mentor: Bryn Austin

Trainee: Julia Vitagliano  
Dietary Supplements Label Database  
Faculty Mentor: Bryn Austin

## **2021-2022**

Trainee: Ariel Beccia  
Dietary Supplement Use in the COVID-19 Pandemic  
Faculty Mentor: Bryn Austin

Trainee: Valeria Duran  
TikTok Marketing of Dietary Supplements  
Faculty Mentor: Amanda Raffoul

Trainee: Destiny Jackson  
Dietary Supplement Use in the COVID-19 Pandemic  
Faculty Mentor: Bryn Austin

Trainee: Madeline Jones  
Social Media Legal Research Study  
Faculty Mentors: Nancy Costello and Bryn Austin

Trainee: Rakesh Kathiresan  
Use of Protein Powders and Muscle-Building Supplements by Young Men in their Drive for Muscularity  
Faculty Mentors: Amanda Raffoul and Bryn Austin

Trainee: Mary Lee  
Risky Dietary Supplement Use in the US Air Force  
Faculty Mentor: Bryn Austin

Trainee: Junjie (Anderson) Lu  
TikTok Marketing of Dietary Supplements  
Faculty Mentor: Amanda Raffoul

Trainee: Miriam Nelson  
Policy Translation for Out of Kids' Hands Campaign  
Faculty Mentor: Bryn Austin

Trainee: Oluwadunni Ojumu  
Social Media Legal Research Study  
Faculty Mentors: Nancy Costello and Bryn Austin

Trainee: Even Paglisotti  
Research-to-Policy Translation Project  
Faculty Mentor: Bryn Austin

Trainee: Meg Salvia  
Social Media Legal Research Study  
Faculty Mentors: Nancy Costello and Bryn Austin

Trainee: Rebecca Sutton  
Social Media Legal Research Study  
Faculty Mentors: Nancy Costello and Bryn Austin

Trainee: Marlena Skrabak  
STRIPED Advocacy Playbook  
Faculty Mentor: Bryn Austin

Trainee: Samantha Turner  
Dietary Supplement Use in the COVID-19 Pandemic in Nurses  
Faculty Mentors: Bryn Austin and Amanda Raffoul

## **2020-2021**

Trainee: Ariel Beccia  
Changes in Dietary Supplement Use During the COVID-19 Pandemic  
Faculty Mentor: Bryn Austin

Trainee: Tricia Rodriguez  
Applied Methods for Estimating Transition Probabilities from Electronic Health Record Data  
Faculty Mentor: Davene Wright

Trainee: Marlena Skrabak  
STRIPED Advocacy Playbook

Faculty Mentor: Bryn Austin

## 2019-2020

Trainee: Kelsey Rose

Youth Impressions of “Influencer”- based Advertising for Weight Loss Supplements;  
ARFID Protocol Project

Faculty Mentors: Suman Ambwani and Tracy Richmond

Trainee: Ariel Beccia

Eating-related pathology at the intersection of sex/gender, sexual orientation, and  
weight status: Population patterns and social-structural determinants

Faculty Mentor: Bryn Austin

Trainee: Allison Baker

Mixed-Methods Analysis of Media Literacy and Body and Eating Concerns in LGBTQ+  
Young Adults (from the STRIPED-funded Being Ourselves, Living in Diverse Bodies  
(BOLD) Study)

Faculty Mentor: Allegra Gordon

Trainee: Gabe Murchison

Two manuscripts using data from the mixed methods Body Image, Sexual Health, and  
Relationships Project (B\*SHARP)

Faculty Mentor: Allegra Gordon

Trainee: Tricia Rodriguez

Applied Methods for Estimating Transition Probabilities from Electronic Health Record  
Data

Faculty Mentor: Davene Wright

Trainee: Kendall Sharp

Monitoring Peer-to-Peer, Social Media Communication by Military Personnel About  
Dietary Supplements Used for Weight Loss and Sports Performance: A Pilot Content  
Analysis of 11 Years of Posts on the Reddit Platform

Faculty Mentor: Bryn Austin

Trainee: Stefani Karr

REAL Certification Development Project

Faculty Mentor: Bryn Austin

Trainee: Evelyn Atwater

Citizen Petition Requesting that FDA Determine that Weight-Loss Claims Made on  
Dietary Supplements Are Classified as Disease Claims

Faculty Mentor: Bryn Austin

## 2018-2019

Trainee: Allison Baker

Body Image and Social Media Literacy in LGBTQ+ Young Adults: A Mixed Methods Analysis

Faculty Mentor: Allegra Gordon

Trainee: Stefani Karr

REAL Certification Development Project

Faculty Mentor: Bryn Austin

Trainees: Flora Or and Yongjoo Kim

Are Dietary Supplements Truly Safe Until Proven Otherwise?

Faculty Mentor: Bryn Austin

Trainee: Tricia Rodriguez

The Economic Case for Eating Disorders Prevention and Early Detection: A Comparative Cost-Effectiveness Analysis of Six Intervention Strategies

Faculty Mentors: Bryn Austin, Michael Long, and Davene Wright

Trainee: Kendall Sharp

Eating Disorders Prevention for Transgender Young Adults: An Intervention Mapping Approach

Faculty Mentor: Allegra Gordon

Trainee: Kendall Sharp

Social Media Mapping of Consumers' Informal Communications about Weight-Loss Supplements

Faculty Mentor: Bryn Austin

Trainee: Amanda Waldron

A content Analysis of "Clean Eating" Websites and Their Health Claims

Faculty Mentors: Suman Ambwani and Bryn Austin

Trainee: Breanne Wilhite and Caitlin McBride

Legal Avenues to Address the Harmful Effects of Photoshopping in the Media

Faculty Mentor: Bryn Austin

Trainee: Kuanysh Yergaliyev

Protecting Youth from Diet Pills and Dietary Supplements for Weight Loss and Muscle Building

Faculty Mentor: Bryn Austin

## 2017-2018

Trainee: Breanne Wilhite and Caitlin McBride  
Legal Avenues to Address the Harmful Effects of Photoshopping in the Media  
Faculty Mentor: Bryn Austin

Trainee: Xindi (Cindy) Hu  
The Economic Case for Eating Disorders Prevention and Early Detection: A  
Comparative Cost-Effectiveness Analysis of Six Intervention Strategies  
Faculty Mentors: Bryn Austin, Michael Long, and Davene Wright

Trainee: Longxiang Li  
Study of Predictors of Spatial Location Patterns and Density of Businesses Offering  
Cosmetic Surgery and Cosmetic Procedures with Negative Health Effects in Seven  
Major Metropolitan Areas of the United States  
Faculty Mentor: Bryn Austin

Trainee: Kuanysh Yergaliyev  
Protecting Youth from Diet Pills and Dietary Supplements for Weight Loss and Muscle  
Building  
Faculty Mentor: Bryn Austin

Trainees: Flora Or and Yongjoo Kim  
Are Dietary Supplements Truly Safe Until Proven Otherwise?  
Faculty Mentor: Bryn Austin

## **2016-2017**

Trainee: Xindi (Cindy) Hu  
The Economic Case for Eating Disorders Prevention and Early Detection: A  
Comparative Cost-Effectiveness Analysis of Six Intervention Strategies  
Faculty Mentors: Bryn Austin, Michael Long, and Davene Wright

Trainee: Longxiang Li  
Topic: Study of Predictors of Spatial Location Patterns and Density of Businesses  
Offering Cosmetic Surgery and Cosmetic Procedures with Negative Health Effects in  
Seven Major Metropolitan Areas of the United States  
Faculty Mentor: Bryn Austin

Trainees: Flora Or and Yongjoo Kim  
Are Dietary Supplements Truly Safe Until Proven Otherwise?  
Faculty Mentor: Bryn Austin

## **2015-2016**

Trainee: Xindi (Cindy) Hu

The Economic Case for Eating Disorders Prevention and Early Detection: A Comparative Cost-Effectiveness Analysis of Six Intervention Strategies

Faculty Mentors: Bryn Austin, Michael Long, and Davene Wright

Trainee: Longxiang Li

Topic: Study of Predictors of Spatial Location Patterns and Density of Businesses Offering Cosmetic Surgery and Cosmetic Procedures with Negative Health Effects in Seven Major Metropolitan Areas of the United States

Faculty Mentor: Bryn Austin

Trainee: Selena Liu

Tracking the Sale of Dietary Supplements Marketed for Weight Loss or Muscle Building: An Exploration of the Socioeconomic Patterns of Use

Faculty Mentor: Bryn Austin

Trainee: Ariane Moss

Topic: An Investigation of Viable Legal Strategies to Protect Consumers from Unhealthy Body Ideals Promoted Through Deceptive Photoshopping

Faculty Mentors: Jennifer Pomeranz and Bryn Austin

Trainee: Aryn Phillips

Topic: California AB 2539: Protecting Fashion Model Health and Well-being

Faculty Mentor: Bryn Austin

Trainee: Marysa Sheren

Transforming Team-Learning Teaching Cases in Public Health for Online Platforms: An e-Learning Module Development Project

Faculty Mentors: Holly Gooding and Bryn Austin

Trainee: Sara Ziff

Topic: Protecting Fashion Model Health and Well-being

Faculty Mentors: Bryn Austin and Rachel Rodgers

## **2014-2015**

Trainee: Amy Brunner

Topic: Translating Case-Based Learning Into E-learning Modules

Faculty Mentor: Bryn Austin

Trainee: Elizabeth Cheever

Implementing and Evaluating the Academy for Eating Disorders (AED) Medical Guide within a Pediatric Learning Community

Faculty Mentor: Holly Gooding

Trainee: Alvin Tran

Protecting Minors from Dietary Supplements Marketed for Weight Loss or Muscle Building through Legislative Action

Faculty Mentors: Bryn Austin and Christina Roberto

Trainee: Selena Lui

Tracking the Sale of Dietary Supplements Marketed for Weight Loss or Muscle Building: An Exploration of the Socioeconomic Patterns of Use

Faculty Mentor: Bryn Austin

Trainee: Esther Li

Examining the Cost-Effectiveness of Clinic-Based Eating Disorders Screenings in Primary Care

Mentors: Bryn Austin and Davene Wright

## **2013-2014**

Trainee: Grant Barbosa

Topic: Legal Protection of Youth and Other Vulnerable Groups From Exploitation by the Dietary Supplements Industry

Faculty Mentor: Jennifer Pomeranz

Trainee: Kelly Bauer

Topic: Warning Labels on Fashion Magazine Images: Women's Eating Behavior and Body Dissatisfaction

Faculty Mentor: Christina Roberto

Trainees: Samantha Glover, Lakendra Barajas

Topic: Potential of Occupational Health and Safety Laws to Improve the Health of Fashion Models

Faculty Mentor: Katherine Record

Trainee: Brigitte Granger

Topic: Negative Effects of Weight-Loss Industry Marketing Practices

Faculty Mentor: Christina Roberto

Trainee: Eric Nazar

Topic: TRIAD Healthy Eating Toolkit for Coaches

Faculty Mentor: Jerel Calzo

Trainee: Hyungi LeAnn Noh

Topic: Economic Analysis of the Cost of Eating Disorders

Faculty Mentor: Mihail Samnaliev

## **2012-2013**

Trainees: Allegra Gordon, Boram Seo  
Topic: Body Image Community Indicators Mapping Project: A Pilot Study of Beauty Industry Spatial Distribution and Concentration  
Faculty Mentors: Bryn Austin, Kendrin Sonneville

Trainee: Yushan Jiang, Hyungi LeAnn Noh  
Topic: Economic Analysis of Potential Cost Savings of Eating Disorders Screening in High Schools  
Faculty Mentors: Davene Wright, Kendrin Sonneville, Bryn Austin

Trainee: Brigitte Granger, Kelly Bauer  
Topic: Negative Effects of Weight-Loss Industry Marketing Practices  
Faculty Mentor: Christina Roberto

Trainee: Katherine Cohen Cooper  
Topic: Legal Protection of Youth and Other Vulnerable Groups From Abuses and Exploitation by the Beauty Industry  
Faculty Mentors: Jennifer Pomeranz

## **2011-2012**

Trainees: Bernice Garnett, Rob Buelow  
Topic: Fat Talk Free Week Pilot Evaluation: An Evaluation of a Social Marketing Campaign to Decrease Self-Disparaging Talk About Body and Weight  
Faculty Mentors: Bryn Austin, Debra Franko

## **2010-2011**

Trainees: Meredith Chace, Jenna Kruger, Lisa Taylor  
Topic: Abuse of Over-the-Counter Products for Weight Control by Youth: A Pilot Study of Product Sales, Medical Claims, and Viable Legal Responses to Protect the Health of Young People  
Faculty Mentors: Bryn Austin, Jess Haines, Jennifer Pomeranz

## **2009-2012**

Trainee: Monica Wang  
Topic: Healthy Choices: Behavioral, Familial, and Environmental Risk and Protective Factors for Disordered Weight Control Behaviors Among Youth  
Faculty Mentor: Bryn Austin

# Research Presentations by Trainees

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## **2024-2025**

Trainee: Chloe Gao

Presentation at the Society for Adolescent Health and Medicine  
Topic: Conducting Meaningful Youth Engagement Online: A Novel Case Study of Culturally Safe Eating Disorder Prevention Strategies among East Asian American Youth

Trainee: Chloe Gao  
Presentation at the International Conference of Eating Disorders  
Topic: Oral Presentation: Eating Disorder Risk and Diagnosis among East Asian American Young Adults

Trainee: Stanley Huang  
Presentation at the Society for Adolescent Health and Medicine  
Topic: Youth Advocacy at the Forefront: Scaling a National Movement for Stronger Oversight of Under-Regulated Dietary Supplements

Trainee: Chuying Huo  
Presentation at the International Conference on Eating Disorders  
Topic: Mapping Inequities in Access to Eating Disorder Treatment: A Geospatial Analysis

## **2023-2024**

Trainee: Chloe Gao  
Presentation at the American Academy of Pediatrics  
Topic: Mental Health and Substance Use

Trainee: Chuying Huo  
Presentation at the Eating Disorders Research Society Conference  
Topic: Disparities in Spatial Accessibility of Eating Disorder Treatment Centers in Massachusetts

Trainee: Chloe Gao  
Presentation at the Canadian Collab Mental Health Care  
Topic: East and Southeast Asian Mental Health and Substance Use Service Access

Trainee: Arshia Verma, Tisya Verman, and Aryan Reddy  
Presentation at Texas SOPHE  
Topic: Youth-Led Efforts Against Dangerous Supplements

Trainee: Ariel Beccia  
Presentation at the Society for Epidemiologic Research  
Topic: COVID-19 Policies and Mental Health Inequities

Trainee: Monica Henderson  
Presentation at the Appearance Matters Conference

Topic: Combatting Race-Based Hair Discrimination: Black and Non-Black U.S. Adults' Awareness and Perception of the CROWN Act

Trainee: Ariel Beccia

Presentation at the International Conference on Eating Disorders

Topic: Life-Course Exposure to Structural Sexism and Subsequent

Trainee: Chuying Huo

Presentation at the International Conference on Eating Disorders

Topic: Mapping Inequities in Access to Eating Disorder Treatment: A Geospatial Analysis

Trainees: Monique Santoso and Ariel Beccia

Presentation at the International Conference on Eating Disorders along with STRIPED

Visiting Scholars Sook Ning Chua and Emilio Compte

Topic: Mapping the Landscape: Current Global Trends in Eating Disorder Epidemiology

Trainee: Ryan Ahmed and Pari Patel

Workshop at the International Conference on Eating Disorders

Topic: Empowering Youth in Eating Disorder Advocacy: Escalating a Youth Advisory Board

Trainee: Ariel Beccia

Workshop at the International Conference on Eating Disorders

Topic: Causal Inference with DAGS for Eating Disorders Research

## **2022-2023**

Trainee: Ariel Beccia

Poster presentation at the Society for Epidemiologic Research Annual Meeting 2023

Topic: State-level structural sexism and eating disorder risk: An intersectional life-course analysis of the Growing Up Today Study

Trainee: Ariel Beccia

Poster presentation at the Eating Disorders Research Society Annual Meeting 2022

Topic: Examining Diversity Climate as a Campus-Level Moderator of Intersectional Eating Disorder Inequities Among U.S. College Students: Results from the 2020/21 Healthy Minds Study

Trainee: Ariel Beccia

Poster presentation at the Eating Disorders Research Society Annual Meeting 2022

Topic: Longitudinal impacts of the COVID-19 pandemic on eating disorder risk among diverse sexual minority populations: Results from a prospective cohort study of U.S. adults

Trainee: Ariel Beccia

Paper presentation at the Society for Adolescent Health and Medicine 2023

Topic: Cumulative exposure to state-level structural sexism and gendered inequities in depression among US youth: A life-course analysis of the Growing Up Today Study

Trainee: Ariel Beccia

Oral presentation at the International Conference on Eating Disorders 2023

Topic: Beyond the RCT: Best practices for working with observational data in eating disorders research

Trainee: Ariel Beccia

Oral presentation at the International Conference on Eating Disorders 2023

Topic: Epidemiology & Public Health Practice SIG Panel: Under-represented populations in eating disorder research: Exploring barriers and solutions

Trainee: Samantha Turner

Poster presentation at the American Public Health Association 2022

Topic: Nurses' use of harmful "wellness" supplements during the COVID-19 pandemic

\*Best Poster Award from the APHA Nursing Special Interest Group

Trainee: Destiny Jackson

Paper presentation at the American Public Health Association 2022

Topic: Discrimination and County-Level COVID-19 Mortality Partially Explain Racial/Ethnic Inequities in Use of Harmful "Wellness" Dietary Supplements

Trainees: Ryan Ahmed and Joanne Chung

Poster Presentation at the Society for Public Health Education Advocacy Summit 2022

Topic: Fighting Back Against a Predatory Industry: Over-the-Counter Diet Pills

Trainee: Nat Egan

Paper presentation at the International Public Policy Association 2023

Topic: Perceptions among obesity experts of the role that food, weight loss and pharmaceutical industries play in the 'obesity epidemic'

Trainee: Upanita Barman

Poster presentation at the International Conference on Eating Disorders 2023

Topic: Equity-focused Economic Evaluation of a Policy Banning the Sale of Diet Pills to Minors: A Conceptual Framework

\*Best Poster Award from the Academy of Eating Disorders

Trainee: Monique Santoso

Paper presentation at the International Conference on Eating Disorders 2023

Topic: Tackling Colourism in India through an Online Course for Public Health Professionals

\*Best Student Abstract Award from the Academy of Eating Disorders Body Image and Prevention Special Interest Group

Trainee: Monique Santoso

Paper presentation at the International Conference on Eating Disorders 2023

Topic: The Impact of Discrimination and Stigma on Asian-American Eating Disorder Behavior from 2016-2021: A Healthy Minds Network Study

Trainee: Monique Santoso

Paper presentation at the International Conference on Eating Disorders 2023

Topic: COVID-19 Related Immediate Familial Disruptions and Eating Disorder Patients' Mental Health Concerns and Motivation to Recover

Trainee: Monique Santoso

Poster presentation at the Society for Public Health Education Conference 2023

Topic: Tackling Colourism in India through an Online Course for Public Health Professionals

\*Winner of the Society for Public Health Education (SOPHE) Health Education Technology Innovation Award

Trainee: Monique Santoso

Poster Presentation at the SOPHE Advocacy Summit 2022

Topic: Coloring the Narrative: The Use of Storytelling to Change Skin Shade Ideals in India

## **2021 – 2022**

Trainee: Ariel Beccia

Paper Presentation at the International Conference on Eating Disorders 2021

Topic: Cumulative Exposure to State-Level Structural Sexism and Risk of Eating Disorders

\*Best Abstract Award from the Academy of Eating Disorders

Trainee: Funmbi Okoya

Paper Presentation at the International Conference on Eating Disorders 2021

Topic: Nations Worldwide Allow Companies to Sell Harmful Weight-Loss Supplements to Children: Preliminary Findings from the Weight-Loss Supplements Global Policy Scan

Trainee: Destiny Jackson

Paper Presentation at the International Conference on Eating Disorders 2021

Topic: Discrimination and County-Level COVID-19 Mortality Rate Partially Explain Racial/Ethnic Inequities in Use of Harmful "Wellness" Supplements in the US

Trainee: Amanda Raffoul

Paper Presentation at the International Conference on Eating Disorders 2021  
Topic: Increases in disordered eating during the COVID-19 pandemic period: An investigation of weight-related behavior between 2018 and 2020 across five countries from a repeated cross-sectional study

\*Best Paper Award from the Academy of Eating Disorders

Trainee: Ariel Beccia

Oral Presentation at the Eating Disorders Research Society 2021

Topic: Intersecting Gender Identity & Racial/Ethnic Disparities in Eating Disorder Symptoms Among College Students: A Multilevel Analysis

Trainee: Ryan Ahmed

Poster Presentation at the Society for Public Health Education Advocacy Summit 2021

Topic: Fighting Back Against a Predatory Industry: Over-the-Counter Diet Pills

## **2020-2021**

Trainee: Alice Lowy

Oral presentation at the International Conference on Eating Disorders 2021

Topic: Associations among Internalization of Cultural Beauty Ideals, Body Dissatisfaction, Drive for Muscularity, and Dietary Restraint in Racially/Ethnically Diverse Women

Trainee: Alice Lowy

Oral presentation at the International Conference on Eating Disorders 2021

Topic: Internalization of Cultural Beauty Ideals: New Directions in Risk Factor Assessments in Racially/Ethnically Diverse Women

Trainee: Ariel Beccia

Oral presentation at the International Conference on Eating Disorders 2021

Topic: Who Have We Missed? Conventional Versus Quantitative Intersectionality Methods for Epidemiologic Research on Eating Disorders

Trainee: Rachel Plummer

Oral presentation at the International Conference on Eating Disorders 2021

Topic: "There's a New Kind of Bullying...It's Very Sly": The Influence of the School Environment on Weight Stigma and Body Image in a Qualitative Sample of Adolescents

Trainee: Meg Salvia

Oral presentation at the International Conference on Eating Disorders 2021

Topic: Patient Perceptions of Conflict in Managing Type 2 Diabetes in BED Treatment: Understanding and Integrating Findings from a New Qualitative Study into Clinical Practice (CE + 1.5)

Trainee: Kelsey Rose

Poster presentation at the International Conference on Eating Disorders 2021  
Topic: Youth Perceptions of Barriers to Eating Disorder Treatment

Trainee: Alice Lowy

Oral presentation at STRIPED Virtual Showcase, October 2021

Topic: Internalization of Cultural Beauty Ideals Among Black Women

Trainee: Meg Salvia

Oral presentation at STRIPED Virtual Showcase, October 2021

Topic: Applying Nutritional Epidemiology Methods Towards Eating Disorders Prevention

Trainee: Julia Vitagliano

Oral presentation at the International Conference on Eating Disorders 2021

Topic: Disproportionate use of over-the-counter diet-pills among Latinx youth and increased use over time among Latinx females: Results of a U.S. national study

Trainee: Julia Vitagliano

Oral presentation at the International Conference on Eating Disorders 2021

Topic: COVID-19 and Eating Disorder and Mental Health Concerns in Patients with Eating Disorders

Trainee: Julia Vitagliano

Oral presentation at the STRIPED Showcase, October 2020

Topic: Latinx Use of Potentially Harmful Over-the-Counter Diet Pills in the U.S. YRBSS

Trainee: Amanda Raffoul

Oral presentation at the STRIPED Showcase, October 2020

Topic: Toward a Holistic Framework of Eating-and Weight-Related Behavior: Implications for Public Health Intervention and Nutrition Policy

## **2019-2020**

Trainee: Tammy Yan

Oral presentation at STRIPED Virtual Showcase, May 2020

Topic: Student Bodies in China: Recommendations for Eating Disorder Prevention in Chinese Universities

Trainee: Todd Liou

Oral presentation at STRIPED Virtual Showcase, May 2020

Topic: Evaluation Plan for a Pilot Telemental Health Eating Disorders Treatment Program

Trainee: Kendall Sharp

Oral presentation at STRIPED Virtual Showcase, May 2020

Topic: Peer-to-Peer, Social Media Communication by Military Personnel About Weight Loss and Sports Performance Supplements: A Pilot Content Analysis

Trainee: Hannah Cory

Oral presentation at STRIPED Virtual Showcase, May 2020

Topic: Sociocultural Attitudes Toward Appearance and Disordered Eating Behaviors in the Study of Latinos Youth Cohort

Trainee: Kendall Sharp

Oral presentation at STRIPED Showcase, August 2019

Topic: Using Reddit to Assess Peer-to-Peer Communication on Dietary Supplements

Trainee: Ariel Beccia

Oral presentation at STRIPED Showcase, August 2019

Topic: Women's Experiences with Complementary and Alternative Medicine for Eating Disorders: Implications for Treatment and Prevention

Trainee: Stefani Karr

Oral presentation at STRIPED Showcase, August 2019

Topic: Responsibility and Ethics in Advertising Leadership (REAL) Certification Development Project

## **2018-2019**

Trainee: Alvin Tran

Invited address at National Eating Disorders Association Boston Walk, Boston, MA

Topic: Clearing Up the Misconceptions around Eating Disorders

Trainee: Alvin Tran

Oral presentation at International Association of Eating Disorders Professionals Symposium, Palm Springs, CA

Topic: The Interplay of Sex, Substances, and Eating Disorders in Sexual Minority Men

Trainee: Alvin Tran

Oral presentation at International Conference on Eating Disorders, New York, NY

Topic: Association between Dating App Use and Unhealthy Weight Control Behaviors

Trainee: Alvin Train

Poster presentation at International Conference on Eating Disorders, New York, NY

Topic: A Qualitative Study of Body Image among a Diverse Sample of Young Gay and Bisexual Men

Trainee: Alvin Tran

Oral presentation at Multi-Service Eating Disorders Association Annual Conference, Newton, MA

Topic: The Interplay of Sex, Substances, and Eating Disorders in Sexual Minority Men

Trainee: Kuanysh Yergaliyev

Poster presentation at Public Health Law Conference, Phoenix, AZ.

Topic: Local Advocacy to Protect Youth from Dangerous Dietary Supplements Sold for Weight Loss and Muscle Building in Massachusetts Municipalities

Trainee: Kuanysh Yergaliyev

Poster presentation at Society for Adolescent Health and Medicine, Washington, DC.

Topic: Community Stakeholders' Perception and Attitudes about Dietary Supplements Use among Adolescents

Trainee: Kuanysh Yergaliyev

Oral presentation at International Conference on Eating Disorders, New York, NY.

Topic: Lessons for Policy Initiatives to Prevent Disordered Weight Control Behaviors

## **2017-2018**

Trainee: Alvin Tran

Poster presentation at Appearance Matters conference, Bath, England.

Topic: Dating App Use and Its Association with Unhealthy Weight Control Behaviors

Trainee: Alvin Tran

Oral Presentation at Dying to Be Beautiful? Body Image, Eating Behaviors and Health in the Caribbean conference, Kingston, Jamaica

Topic: Body Image in Gay and Bisexual Men: A Qualitative Study

Trainee: Alvin Tran

Oral presentation at Kaohsiung Medical University (KMU) as an invited guest

Topic: Body Image Ideals Among Young Gay and Bisexual Men: Results from the Men's Body Project

Trainee: Xindi (Cindy) Yu

Oral presentation at the Society for Benefit-Cost Analysis Annual Conference

Topic: Advanced Data Integration for Epidemiological Modeling in Benefit-Cost Analysis:

Addressing the Challenge to Evaluate Preventive Interventions for Emerging Diseases

Trainee: Ayesha McAdams-Mahmoud, Courtney Brown, Kimberly Yu

Workshop at Dying to Be Beautiful? Body Image, Eating Behaviors and Health in the Caribbean conference, Kingston, Jamaica

Topic: How Communities Can Address Media Portrayals of Colorism Through the Lens of Global Public Health

Trainee: Ayesha McAdams-Mahmoud

Workshop at Dying to Be Beautiful? Body Image, Eating Behaviors and Health in the Caribbean conference, Kingston, Jamaica

Topic: Coloring the Narrative: The Use of Storytelling to Change Skin Tone Ideals

## **2016-2017**

Trainee: Allegra Gordon

Oral Presentation at Appearance Matters Conference, London, UK

Topic: "I Know All Women Go Through This, But as a Trans Woman It's a Separate Level": Stigma, Discrimination, and Body Image Among Young Adult Transgender Women

Trainee: Yongjoo Kim

Poster Presentation at 2016 Eating Disorders Research Society Annual Meeting, New York, NY

Topic: Risk and Protective Factors for Disordered Weight Control Behaviors at Individual, Family, and School Levels Among Korean Adolescents Aged 12-18 Years from a Nationwide Online Survey

Trainee: Yongjoo Kim

Poster Presentation at 2016 Eating Disorders Research Society Annual Meeting, New York, NY

Topic: Sex of Sexual Partners and Disordered Weight Control Behaviors in a Nationally Representative Sample of Korean Adolescents

Trainee: Ayesha McAdams-Mahmoud, MPH

Oral Presentation at Harvard Chan School

Topic: Dark Girls: Colorism in a Global Context

Trainee: Ayesha McAdams-Mahmoud, MPH, with guest lecturers Courtney Brown, BA, and Kimberly Yu, BA

Workshop at Harvard Chan School

Colorism: Addressing This Public Health Issue in a Global Context

Trainee: Suzanne Wintner, MPH, with Collaborating Mentor Erica Kenney, ScD

Oral Presentation at Harvard Chan School

Topic: Evidence-Based Nutrition and Wellness Programs for Schools: How Widely Are They Implemented? Do Schools Use Weight Stigmatizing Programs Instead?

## **2015-2016**

Trainees: Carly Guss and Allegra Gordon with faculty Jerel Calzo

Keynote at 2016 Multi-Service Eating Disorders Association (MEDA) Annual Conference, Newton, MA

Topic: Gender Identity, Gender Expression, and Eating Disorders

Trainee: Allegra Gordon and Carly Guss

Lecture at Fenway Health, Boston, MA

Topic: Sexual and Gender Minority Youth and Eating Disorders

Trainee: Allegra Gordon

Oral Presentation at International Conference on Eating Disorders (ICED) Annual Meeting, San Francisco, CA

Topic: Nonconforming Gender Expression, Peer Victimization, and Disordered Weight Control Behaviors Among High School Students in Four U.S. School Districts

Trainee: Sara Ziff

Moderator, Panel at Harvard Kennedy School of Government, Boston, MA

Topic: From the Runway to the Factory Floor: Labor Rights, Safety & Public Health

Trainee: Allegra Gordon

Lecture at Harvard T.H. Chan School of Public Health, Boston, MA

Topic: Advanced Topics in Women, Gender and Health

Trainee: Allegra Gordon

Poster Presentation at 2015 Renfrew Center Conference on Eating Disorders, Philadelphia, PA

Topic: Eating Disorders Risk Among Young Transgender Women

Trainee: Allegra Gordon

Poster Presentation at 2015 American Public Health Association (APHA), Chicago, IL

Topic: Weight and Shape Control Behaviors Among Young Transgender Women

Trainee: Allegra Gordon

Oral Presentation at 2015 Philadelphia Trans Health Conference, Philadelphia, PA

Topic: Body Image and Weight and Shape Control Among Young Transgender Women

Trainee: Allegra Gordon

Lecture at Rainbow Consortium, Boston Children's Hospital, Boston, MA

Topic: Eating Disorders Risk Among Young Transgender Women

## **2014-2015**

Trainee: Allegra Gordon

Oral Presentation at the 2015 International Conference on Eating Disorders, Boston, MA

Topic: Weight and Shape Control Behaviors Among Young Transgender Women: Preliminary Findings from Project Body Talk

Trainee: Erica Kenney

Poster Presentation at the 2015 International Conference on Eating Disorders, Boston, MA

Topic: Weight Bias, School Climate, and the Academic Experience for K-12 Students: A Qualitative Study of Classroom Teachers

Trainee: Emily Kroshus

Oral Presentation at the Eating Disorders in Sport Conference, St. Louis, MO

Topic: Developing best practices for prevention, identification and management of disordered eating in US collegiate sport

## **2013-2014**

Trainee: Emily Kroshus

Oral Presentation at the 2014 International Conference on Eating Disorders, New York City, NY

Topic: Internalization of the Athletic Body Ideal: An Important Mediator of the Association Between Athletic Identity and Disordered Eating

Trainee: Grace Kennedy

Poster Presentation at the 2014 International Conference on Eating Disorders, New York City, NY

Topic: Validation of the Fat Talk Bystander Scale: A Novel Approach to Assess Fat Talk

Trainee: Brigitte Granger

Oral Presentation at Harvard Chan School, Boston, MA

Topic: Diet Industry Marketing Practices: The Problem's Scope and Solutions

## **2012-2013**

Trainee: Emily Kroshus

Panelist at the 2013 Boston Children's Hospital Sports Medicine Female Athlete Conference, Boston, MA

Topic: Athletes and Eating Disorders

Trainee: Emily Kroshus

Poster Presentation at the 2013 International Conference on Eating Disorders, Montreal, Canada

Topic: Team-Level Processes for Addressing and Preventing Disordered Eating: A Comparison of Two Female Collegiate Cross-country Running Teams

Trainee: Monica Wang

Poster Presentation at the 2013 Society for Behavioral Medicine Annual Conference, San Francisco, CA

Topic: Environmental Factors Associated With Disordered Weight Control Behaviors Among Youth: A Systematic Review

Trainees: Rob Buelow, Bernice Garnett  
Poster Presentation at the 2012 American Public Health Association Annual Conference, San Francisco, CA  
Topic: Bystander Intervention in Fat Talk Prevention: A Psychometric Evaluation

Trainee: Bernice Garnett  
Oral Presentation at the 2012 American Public Health Association Annual Conference, San Francisco, CA  
Topic: Utilizing Latent Class Analysis to Explore the Multi-Dimensionality of Discrimination Among Ethnically Diverse Youth: Highlighting the Intersection of Racial and Weight-Based Discrimination

Trainee: Emily Kroshus  
Poster Presentation at the 2012 American Public Health Association Annual Conference, San Francisco, CA  
Topic: Team-Driven Prevention of Disordered Eating: A Qualitative Comparison of Two Female Collegiate Cross-country Teams

## **2011-2012**

Trainees: Bernice Garnett, Rob Buelow  
Poster Presentation at the 2012 International Conference on Eating Disorders, Austin, TX  
Topic: A Pilot Evaluation of Fat Talk Free Week, a Social Marketing Campaign to Decrease Self-Disparaging Talk About Body and Weight

Trainee: Bernice Garnett  
Oral Presentation at the 2011 Society for the Analysis of African American Public Health Issues Scientific Symposium, Washington, DC  
Topic: Using Multiple Qualitative Methods to Address Weight Disparities in Cambridge Black Youth: A Focus on Parent/Child Dyad and "Positive Deviant" Interviews

Trainee: Bernice Garnett  
Oral Presentation at the 2011 Reproductive Health Symposium at the Harvard Chan School, Boston, MA  
Topic: Utilizing Latent Class Analysis to Explore the Multi-Dimensionality of Discrimination Among Ethnically Diverse Youth: Highlighting the Intersection of Racial and Weight-Based Discrimination

Trainee: Emily Kroshus  
Oral Presentation at the International Conference on Sport and Society, Cambridge, UK  
Topic: Relation of Athletic Identity to Eating Disorder Risk: An Examination of Mediating Mechanisms

Trainee: Monica Wang

Presentation at the 2012 Society for Behavioral Medicine Annual Conference, New Orleans, LA  
Topic: Family Physical Activity and Meal Practices Associated With Disordered Weight-Control Behaviors in a Multi-Ethnic Sample of Middle-School Youth

### **2010-2011**

Trainee: Monica Wang  
Presentation at the 2011 Society for Adolescent Health and Medicine Annual Conference, Seattle, WA  
Topic: Dietary and Physical Activity Behaviors Related to Eating Disorder Symptoms Among Middle-School Youth

## **Awards for STRIPED Projects & Team**

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### **2024-2025:**

Award: Top Epidemiology Abstract Award for Eating Disorder Risk and Diagnosis among East Asian American Youth: Findings from the Healthy Minds Study, 2020-2023  
By: International Conference on Eating Disorders (ICED)  
Recipient: Chloe Gao

Award: Leadership in Mentoring Award  
By: International Conference on Eating Disorder (ICED)  
Recipient: Bryn Austin

Award: Top Abstract Award for Improving Public Health Surveillance of Eating Disorders Among US Youth: An Advocacy Case Study (among 10)  
By: International Conference on Eating Disorders (ICED\_  
Recipient: Bryn Austin

### **2023-2024**

Award: Scholarships for People from Low- or Middle-Income Countries 2024  
By: International Conference on Eating Disorders (ICED)  
Recipient: Monique Santoso

Award: Top Abstract Award 2024  
By: International Conference on Eating Disorders (ICED)

Project Title: Correlates of eating disorder risk among Arab and Middle Eastern American college students  
Recipient: Amanda Raffoul

Award: Abstract of the Year Award 2023  
By: The American Public Health Association Law  
Project Title: Algorithms, Addiction, and Adolescent Mental Health: An Interdisciplinary Study to Develop State Legislative Action to Protect Youth from the Dangers of Social Media

Award: Top Abstract Award 2023  
By: Eating Disorders Research Society  
Project Title: Muscle-building dietary supplements: Prospective association with onset of anabolic steroid use in boys and men

Award: 13 Teens Changing the World, 2023  
By: Forbes magazine  
Recipient: Chuying Huo

## **2022-2023**

Award: Health Education Technology Innovation Award  
By: Society for Public Health Education  
Project Title: Colouring the Narrative: How to Use Storytelling to Change Skin-Shade Ideals in India

Award: New Digital Course of the Year (Finalist)  
By: Digital Education Awards  
Project Title: Colouring the Narrative: How to Use Storytelling to Change Skin-Shade Ideals in India

Award: Top 10 Poster Awards  
By: International Conference on Eating Disorders  
Project Title: Equity-focused Economic Evaluation of a Policy Banning the Sale of Diet Pills to Minors: A Conceptual Framework

Award: Best Poster Award  
By: American Public Health Association  
Project Title: Nurses' use of harmful "wellness" supplements during the COVID-19 pandemic  
To: Samantha Turner, STRIPED Trainee

Award: Top Cited Paper  
By: International Journal of Eating Disorders

Project Title: Social and economic cost of eating disorders in the United States:  
Evidence to inform policy action

Award: 2023 Karen Denard Goldman Health Education Mentor Award  
By: Society for Public Health Education  
To: Alvin Tran, PhD, STRIPED Collaborating Mentor

Award: National Silver Medal in Scholastic Arts and Writing Award  
By: Scholastic Art and Writing Awards  
To: Chuying Huo, STRIPED Youth Corps Member

Award: Travel Scholarship for Individuals from Low/Middle Income Countries  
By: Academy for Eating Disorders  
To: Upanita Barman, STRIPED Trainee

Award: Best Student Abstract Award  
By: Academy of Eating Disorders Body Image and Prevention Special Interest Group  
Project Title: Colouring the Narrative: The Use of Storytelling to Change Skin Shade  
Ideals in India  
To: Monique Santoso, STRIPED Program Coordinator

## 2021-2022

Award: Top Paper Award  
By: International Conference on Eating Disorders  
To: Amanda Raffoul, PhD, STRIPED Faculty  
Project Title: Increases in disordered eating during the COVID-19 pandemic period: An  
investigation of weight-related behavior between 2018 and 2020 across five countries  
from a repeated cross-sectional study

Award: Top Poster Award  
By: International Conference on Eating Disorders  
To: Ariel Beccia, PhD, STRIPED Postdoctoral Fellow  
Project Title: Cumulative exposure to state-level structural sexism and risks of eating  
disorders: Results from a prospective cohort of US adolescents and young adults

# Practicum Fieldwork

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## 2024-2025

Trainee: Laura Torrent  
Estimating the Cost of Implementation and Cost Savings of the Out of Kids' Hands Act  
Faculty Mentor: Cynthia Tschamp

## **2023-2024**

Trainee: Olayinka Fakorede

Perspectives of Nigerian Pharmacists on Regulation, Safety, and Accessibility of Weight-Loss Supplements to Minors

Faculty Mentors: Amanda Raffoul and Bryn Austin

Trainee: Meghan Harshaw

Commercial Determinants of Health

Faculty Mentor: Bryn Austin

## **2022-2023**

Trainee: Anderson (Junjie) Lu

Google Ads Policy Study

Faculty Mentor: Bryn Austin and Amanda Raffoul

## **2021-2022**

Trainees: Charmaine Chan and Cindy Chwa

Screening, Symptom Recognition & Referral to Treatment for Eating Disorders in Pediatric Primary Care Settings

Practicum Sponsor: STRIPED

Trainee: Gwen Feeney

Dietary Supplement Use in the COVID-19 Pandemic

Practicum Sponsor: STRIPED

Trainee: Funmbi Okoya

Global Policy Scan on Weight-Loss Supplements

Practicum Sponsor: STRIPED

Trainees: Kenny Nguyen and Meera Ruparelia

Crafting the Public Health Case Against Race-Based Hairstyle Discrimination

Practicum Sponsor: STRIPED

Trainee: Rachel Plummer

Body Size Discrimination Legislation in Massachusetts

Practicum Sponsor: STRIPED

## **2020-2021**

Trainee: Charmaine Chan and Cindy Chwa

Screening, Symptom Recognition & Referral to Treatment for Eating Disorders in Pediatric Primary Care Settings

Practicum Sponsor: STRIPED

Trainee: Funmbi Okoya  
Global Policy Scan on Weight-Loss Supplements  
Practicum Sponsor: STRIPED

Trainees: Kenny Nguyen and Meera Ruparelia  
Crafting the Public Health Case Against Race-Based Hairstyle Discrimination  
Practicum Sponsor: STRIPED

Trainee: Rachel Plummer  
Body Size Discrimination Legislation in Massachusetts  
Practicum Sponsor: STRIPED

Trainee: Deepa Manjanatha  
Topics: STRIPED Advocacy Playbook and Coloring the Narrative: Pilot of an Online Teaching Case Lesson Plan in India  
Practicum Sponsor: STRIPED

Trainee: Meg Salvia  
Topic: Scoping review of policies for the prevention of disordered weight control behavior in Canada  
Practicum Sponsor: STRIPED

## **2019-2020**

Trainee: Todd Liou  
Evaluation Plan for a Pilot Telemental Health Eating Disorders Treatment Program  
Practicum Sponsor: Multi-service Eating Disorders Association, Newton, MA

## **2017-2018**

Trainee: Thamara Subramanian  
Policy Advocacy to Support Ban on Weight Discrimination in Massachusetts  
Practicum Sponsor: STRIPED

Trainees: Katelyn Ferreira and Monica Kriete  
Strategic Planning to Protect Youth from Diet Pills and Muscle-Building Supplements  
Practicum Sponsor: STRIPED

Trainee: Supriya Misra  
Center for Disease Control (CDC) Eating Disorders Health Monitoring Project  
Practicum Sponsor: STRIPED

## **2016-2017**

Trainees: Katelyn Ferreira and Monica Kriete  
Strategic Planning to Protect Youth from Diet Pills and Muscle-Building Supplements  
Practicum Sponsor: STRIPED

Trainee: Kuanysh Yergaliyev  
Protecting Youth from Diet Pills and Dietary Supplements for Weight Loss and Muscle Building  
Practicum Sponsor: STRIPED

### **2015-2016**

Trainee: Ayesha McAdams-Mahmoud  
Improving Screening for Eating Disorders in Pediatric Primary Care  
Practicum Sponsor: STRIPED

Trainee: Alvin Tran and Esther Li  
Protecting Youth from the Dangers of Dietary Supplements Sold for Weight Loss and Muscle Building  
Practicum Sponsor: STRIPED

Trainee: Suzanne Wintner  
School Strategies to Promote Healthy Weight Among Children and Youth  
Practicum Sponsor: STRIPED

Trainee: Kuanysh Yergaliyev  
Strategic Planning to Protect Youth from Diet Pills and Dietary Supplements Sold for Weight Loss and Muscle Building  
Practicum Sponsor: STRIPED

### **2014-2015**

Trainee: Morgan Redman  
A Study of Potential Policy Strategies to Place Warning Labels on Fashion Magazine Advertisements  
Practicum Sponsor: STRIPED

Trainees: Ryan Huerto and Anvita Kulkarni  
Developing a Strategic Plan to Motivate Corporate Social Responsibility on the Sale of Harmful Weight Loss and Muscle Building Products  
Practicum Sponsor: STRIPED

### **2013-2014**

Trainee: Selena Hua Lui  
Creating Size Accepting Physical Activity Resources for Obese Adolescents  
Practicum Sponsor: STRIPED

Trainee: Morgan Redman  
Development of Best Practices Resource for Eating Disorders Prevention in Schools  
Practicum Sponsor: Multiservice Eating Disorders Association, Newton, MA

### **2012-2013**

Trainees: Yongjoo Kim, Matías Irarrázaval  
Development of Nationwide Eating Disorders Screening and Prevention Proposals for South Korean and Chilean Adolescents  
Practicum Sponsor: STRIPED

### **2011-2012**

Trainee: Boram Seo  
Body Image Community Indicators Mapping Project  
Practicum Sponsor: STRIPED

Trainee: Elisabeth Malin  
Organizing a Legislative Briefing at the Massachusetts State House Focused on Improving Early Intervention and Prevention by Adding Eating Disorders to Required Health Screenings in Schools  
Practicum Sponsors: National Eating Disorders Association, New York, NY, and the Office of Massachusetts State Representative Kay Khan, Newton, MA

Trainee: Leah Hawkins  
Evaluation of Eating Disorders Secondary Prevention Program for High-Risk Women During Pregnancy  
Practicum Sponsor: Multiservice Eating Disorders Association, Newton, MA

### **2010-2011**

Trainees: Rob Buelow, Maliha Ali  
Evaluation of Middle-School Program to Prevent Eating Disorders  
Practicum Sponsor: Multiservice Eating Disorders Association, Newton, MA

## **Independent Study Course**

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### **2023-2024**

Trainee: Wanqing Xu  
Engaging East Asian American Youth in Preventing Eating Disorders  
Faculty Mentor: Chloe Gao

### **2022-2023**

Trainee: Alexis Miranda

BMI and Endometrial Cancer: Are we ignoring the effects of “fattism”?  
Faculty Mentors: Bryn Austin and Ariel Beccia

## **2021-2022**

Trainee: Ryan Dunk  
Policy Translation for the Out of Kids’ Hands Campaign  
Faculty Mentor: Bryn Austin

Trainees: Monica Henderson  
Crafting the Public Health Case Against Race-Based Hairstyle Discrimination  
Faculty Mentor: Bryn Austin

Trainee: Mary Lee  
Risky Dietary Supplement Use in the US Air Force  
Faculty Mentor: Bryn Austin

Trainee: Rachel Plummer  
Topic: Body Size Discrimination Legislation in Massachusetts  
Faculty Mentor: Bryn Austin, Amanda Raffoul

Trainee: Meera Ruparelia  
Policy Translation for the Out of Kids’ Hands Campaign  
Faculty Mentor: Bryn Austin

## **2020-2021**

Trainee: Rachel Plummer  
Topic: Body Size Discrimination Legislation in Massachusetts  
Faculty Mentor: Bryn Austin, Amanda Raffoul

Trainee: Samantha Turner  
Topic: Scoping Review of Policies for the Prevention of Disordered Weight control behavior in Canada  
Faculty Mentor: Amanda Raffoul

Trainee: Leahy Ish Shalom  
Topic: Conflict Zone: A Dramey on Mental Health and Other Wars  
Faculty Mentor: Bryn Austin

## **2019-2020**

Trainee: Tammy Yan  
Topic: Student Bodies in China: Recommendations for Eating Disorder Prevention in Chinese Universities  
Faculty Mentor: Bryn Austin

## **2017-2018**

Trainee: Breanne Wilhite and Thamara Subramanian

Topic: The Role of Social Media in Eating Disorders Symptoms and Body Acceptance

Faculty Mentor: Bryn Austin, David Bickham

## **2016-2017**

Trainee: Emilie Doan Van

Topic: Cosmetic Labiaplasty and Body Image in Young Women

Faculty Mentor: Bryn Austin

## **2014-2015**

Trainee: Kate Makaroff

Topic: The Theory and Practice of Coalition Building: How to Influence Policy on Dietary Supplements for Marketed for Weight-Loss and Muscle Building

Faculty Mentors: Bryn Austin, Christina Roberto

## **2013-2014**

Trainee: Selena Hua Liu

Topic: Development of Eating Disorders Identification and Referral Guidelines for Certified Personal Trainers

Faculty Mentors: Bryn Austin, Kendrin Sonneville

Trainee: Morgan Redman

Eating Disorder Prevention in Athletes: Development of a Team Environmental Assessment Tool for College Coaches

Faculty Mentors: Bryn Austin, Kendrin Sonneville

## **2012-2013**

Trainee: Matías Irarrázaval

Topic: Feasibility of Integrating Eating Disorder Screening Into Youth Mental Health Systems in Chile

Faculty Mentors: Bryn Austin, Kendrin Sonneville

## **2011-2012**

Trainee: Boram Seo

Topic: A Look Into the Beauty Industries: Key Informant Interviews to Inform Improved Regulation

Faculty Mentor: Bryn Austin

## **2010-2011**

Trainee: Meagan Campol

Topic: Engaging Healthcare Providers to Help Mothers With Eating Disorders Create Healthy Eating Environments for Their Children  
Faculty Mentors: Bryn Austin, Kendrin Sonnevile

Trainee: Rob Buelow  
Topic: Formative Research Study on Weight and Shape Concerns and Pressures in Middle-School Environments  
Faculty Mentors: Bryn Austin, Kendrin Sonnevile

## 2009-2010

Trainee: Bernice Garnett  
Topic: A Musically Based Eating Disorders Prevention Media Literacy Program  
Faculty Mentors: Bryn Austin, Jess Haines

Trainee: Emily Kroshus  
Topic: An Investigation of Team-Level Variation in Disordered Eating and Protective Potential of Team Cohesion and Collective Efficacy  
Faculty Mentors: Bryn Austin, Jess Haines

# Case-Based Curriculum

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## Teaching Cases for Traditional Classroom Settings

Working with professional case writer Eric Weinberger, the STRIPED team developed a series of teaching cases for use in classroom settings to engage students in real-world dilemmas, problem-solving, and teamwork to tackle current, high-impact issues in the prevention of eating disorders and dangerous weight and shape control behaviors. With this program, we make all our cases easily accessible for students and educators around the globe, making them available for download from the STRIPED website and the online case libraries of the Harvard Chan School and Harvard Business School.

- **“Coloring the Narrative: How to Use Storytelling to Create Social Change in Skin Tone Ideals” (United States)**

This case, which premiered in Spring 2017, incorporates the story of two immigrants from different countries who arrive in the fictitious U.S. state of Columbia. These characters, like millions of others in their home countries of Nigeria and Thailand, have similar concerns about their skin tone and color. This case addresses the global beauty industry and the phenomenon of “colorism” as well as their association with the use of dangerous skin lightening products and body dissatisfaction. Readers will see how storytelling methods can be used in service of larger public health strategies to make a difference in the lives of people from diverse communities.

- **“Patina of Glamour: Forging Alliances to Investigate the Underside of the Fashion Industry”**

This case, which premiered in Fall 2016, addresses the less glamorous aspects of the fashion industry, which include abusive working conditions, sexual harassment, and eating disorders. Legislators in the fictitious U.S. state of Columbia are the latest to join in the global movement to rectify some of the most egregious wrongs done to models in the fashion industry. In this case, students learn how community-based participatory research can be used to develop community partnerships to solve difficult occupational health and labor rights problems like those faced by professional models.

- **“Full of Surprises: Dietary Supplements and the Gym, or, a Tale of Corporate Social Responsibility”**

This case, which premiered in Fall 2015, takes place in the fictitious U.S. State of Columbia and features Callie Guertin, a primary care physician and frequent gym-goer who slowly realizes that her new gym, MuscleTone, sells weight loss supplements at the welcome desk. With guidance from a young activist, Stacie Lubin, Guertin uses coalition building skills to pressure the MuscleTone chain to change its practices. Principles of corporate social responsibility help MuscleTone realize that abandoning sales and advertising of supplements can produce a good result for everybody. Through this case, students learn how to use principles and strategies for motivating social responsibility to promote health and well-being in consumers.

- **“Weighing the Evidence: One University Takes a Hard Look at Disordered Eating Among Athletes”**

This case, which premiered in Spring 2015, returns to Colburn University, where athletic director Harry Ritchie finds himself in hot water after making an offhanded comment about Colburn student-athletes with eating disorders. This incident coupled with a complaint from a parent draws the attention of Dean Francis Reilly, who discovers he needs to peel back some of the layers embedding college athletics on the issue of eating disorders among athletes. Throughout the narrative, different perspectives on sports and eating disorders are revealed from top-level administrators, like Dean Reilly, to the student-athletes themselves. As the story concludes, the conversation about eating disorders has begun but questions still remain on how to make Colburn University a healthy environment for its student-athletes. In this case, students learn how to use the social ecological model to identify factors at multiple levels that influence risk of eating disorders. This case was widely promoted by the National Collegiate Athletic Association (NCAA).

- **“Some Skin in the Game: Negotiating the End of a Campus Health Menace”**

This case, which premiered in Fall 2014, features fictitious Colburn University, a campus that boasts many “amenities” for its students, including cafes, a gymnasium, and U.V. tanning salon Campus Tans. Meredith Tang, a law student originally from

Australia, and Barbara Holly, a public health student, cannot believe that this insidious industry has infiltrated campus life and worse yet seems to be promoted by the school or at least is allowed to advertise on campus. Soon these students turned activists begin a campaign to evict the salon; however, they quickly discover that evicting Campus Tans may not be as easy as they thought. As the story ends, the student activists sit down to a meeting with school officials and the owner of the salon to negotiate an agreement that protects the health of Colburn students while balancing the interests of diverse stakeholders. In this case, students learn crucial skills in strategic negotiation to address complex public health problems. This teaching case was featured by the Indoor Tan-Free Skin Smart Campus Initiative to promote skin cancer prevention policy and education on school campuses.

- **“‘The Governor Is Very Interested’: Or, Cost-Effectiveness Analysis for School Health Screenings”**

This case, which premiered in Spring 2014, introduces students to protagonist Nefertiti Nelson, director of the Office of Management and Budgets for the fictional state of Columbia’s Department of Public Health. Nelson is tasked with doing a cost-effectiveness analysis of BMI screening, which is widespread in U.S. schools, and eating disorders screening, a potentially life-saving program that has yet to be adopted on a large scale. Through this case, students gain the skills to assess the evidence for costs and potential savings with public health programs. In 2014 “*The Governor Is Very Interested’: Or, Cost-Effectiveness Analysis for School Health Screenings*” made its worldwide debut. Former STRIPED co-director Kendrin Sonnevile and Consulting Expert Michael Long taught students from around the world through the Harvard Medical School Global Clinical Scholars Research Training Program (GCSRT). Students in the GCSRT program hail from 22 nations and are all faculty-level clinicians working in clinical research in their respective countries.

- **“Beauty and the Breast: Mobilizing Community Action to Take on the Beauty Industry”**

This case, which premiered in Spring 2014, tells the story of protagonist Joe Wendell who is raising a teenage daughter. One day, his daughter announces she would like to have breast implants. The distressing news prompts Wendell into new, unforeseen directions, as he learns all he can about implants and surgery and the “beauty culture” permeating society. Teaming up with Anna Pinto, director of a community center in a vibrant Brazilian-American community who is concerned about cosmetic surgery, Wendell works with Anna to extend her coalition and find a sponsor for a bill that will directly confront the problem. Through this case, students gain knowledge and skills in advocacy and putting public health into action.

- **“‘Retweet Does Not Imply Endorsement’: The Logic of Cyberbullying in Schools”**

This case, which premiered in Fall 2013, introduces students to Hazel O’Leary, a

veteran nurse at Franklin Middle School in Franklin, a largely working-class city in the fictitious U.S. state of Columbia. In response to the cries of an eighth grade girl who is being cyberbullied about her weight, O’Leary and her principal, Jamal Morden-Jones, try a few solutions to combat the bullying. Though their efforts seem promising at first, they fall short of anything systematic or evidence-based. As the case study ends, Hazel prepares to initiate her school’s first foray into the world of logic models for public health program planning. Through this case, students must think critically about how to bridge the gap between policy and program design and implementation when real life intrudes.

- **“Who’s Calling Me Fat? Or, How Columbia Got Its Obesity Prevention Campaign Back on Track”**

This case, which premiered in Spring 2013, tells the story of protagonist Gisele Rodriguez, a public health professional working for the fictional U.S. state of Columbia. Rodriguez is tasked with figuring out the best way to right the course of the health department’s first attempt at a childhood obesity social marketing campaign that went terribly wrong. The case is a fictionalized composite of the experiences of real-world social marketing campaigns from around the country. Through this case, students get an education in the very real risk of exacerbating weight-related bullying and stigma through public health campaigns while gaining practical skills in evidence-based health communications.

STRIPED teaching cases are free and available to the public on the STRIPED website (<https://www.hsph.harvard.edu/striped/teaching-cases/>). They are also available through the Harvard Chan School case library (<http://caseresources.hsph.harvard.edu/case-library>) and the Harvard Business School case library (<https://cb.hbsp.harvard.edu/cbmp/pages/content/cases>). These cases are designed to be used by educators seeking to introduce topics in eating disorders prevention and public health into their classrooms.

## Teaching Cases for Online Learning

With the support of the Harvard Initiative for Learning and Teaching, the Association of Teachers of Maternal and Child Health, the National Adolescent and Young Adults Health Network, and a Harvard Chan School Curriculum Innovation grant, STRIPED transformed our teaching cases “Retweet Does Not Imply Endorsement,” “Who’s Calling Me Fat?” and “Coloring the Narrative” into e-courses for online learning. To develop our e-courses, we worked closely with instructional designers, including Megan Johnston of Bloom Learning Design and learning specialists from the Harvard Chan School of Public Health, to ensure the e-courses incorporate state-of-the-art and evidence-based teaching strategies from the fast-growing field of online education. As we continue to develop our curriculum of online courses, our goal is to make them available to public health professionals around the globe to greatly enhance the capacity for eating disorders prevention in the field.

- **“Colouring the Narrative: How to Use Storytelling to Create Social Change in Skin Shade Ideals” (India and Malaysia)**

This case, which premiered in Fall 2021, incorporates the story of five characters from Tara, India, and touches on topics of body image, colorism, skin-lightening product use, social marketing, gender equality, gender-based discrimination, and policy change to combat colorism. This online teaching case, co-instructed by Kritika Tiwari and Reena Agrawal, with the narrative written by Indian sociologist Reena Agrawal and illustrations by Tanvi Bhat, addresses the global beauty industry and the phenomenon of colorism as well as their association with the use of dangerous skin-lightening products and body dissatisfaction. Learners gain skills in storytelling methods that can be used in service of larger public health goals to make a difference in the lives of young people in India. They were also introduced to the characters in the case narrative via short videos by Medical Aid Films. You can view the three videos here: <https://bit.ly/3tUTu3l>.

The STRIPED team was honored to receive three awards for this online course, namely, the Society for Public Health Education’s Health Education Technology Innovation Award, the International Conference on Eating Disorders Body Image and Prevention Special Interest Group’s Best Student Abstract Award, and the shortlist honor for the Digital Education Award’s New Digital Course of the Year.

Subsequently, the STRIPED team, along with Malaysia-based co-instructors Sook Ning Chua, Aifa Muhammad Radzi, and Yi Fen Kong, tailored the India-based teaching case to the Malaysian cultural context, discussing the ways that colourism pervades the lives of Malaysian youth. Our teaching case was brought to life through a case narrative written by Malaysian author Jinghann Hong and illustrator Nelson Tsen. In the launch of this new e-course in 2023, learners, who were Malaysia-based physicians, public health professionals, and teachers, showed increased understanding of storytelling-based communications techniques for public health promotion to combat colourism and the cosmetic skin-lightening product industry with media counternarratives.

- **“Retweet Does Not Imply Endorsement”: The Logic of Cyberbullying in Schools**

With kids these days having access to all kinds of social media day and night, cyberbullying may not always be happening during the school day or on school grounds. The teaching case, which premiered in -, provides learners with an in-depth look at the complexities of cyber bullying among early adolescents and how professionals can work with youth and adults in school settings to address the problem. The teaching case narrative was written by case writer Eric Weinberger and the e-course integrated illustrations by Marysa Sheren. With this e-course, learners gain skills that guide development of new programs in school and community settings and interact with peers and teaching faculty to gain new knowledge in a supportive online learning environment.

- **“Who’s Calling Me Fat? Or How Columbia Got Its Obesity Prevention Campaign Back on Track”**

This case, which premiered in Spring 2018, explores the case of a public health campaign that needs an urgent adjustment for effective implementation. Learners are prompted to critically think about the design of a new social marketing campaign that is informed by the evidence and attentive to ethical concerns in its design and evaluation plan, thereby learning more about campaign planning and crisis management. The teaching case narrative was written by STRIPED case writer Eric Weinberger and illustrated by illustrator Amy Hardy. The case addresses the harmful effects of weight stigma and bias, describes the evidence documenting the association between weight-related teasing and harassment and subsequent increased risk of developing eating disorder symptoms in youth and presents evidence supporting the protective effects of body satisfaction on healthful nutritional and physical activity behaviors in youth.

## **Health Professional Trainings**

- **“Screening, Symptom Recognition & Referral to Treatment for Eating Disorders in Pediatric Primary Care Settings”**

STRIPED and the Eating Disorders Coalition, supported by the Office on Women’s Health of the U.S. Department of Health and Human Services, created a brief online training for pediatric primary care providers, including physicians and nurses, serving children, adolescents, and young adults. This training provides crucial knowledge on how to recognize the signs and symptoms of eating disorders in young people, as well as how to perform screening and appropriately refer patients to specialized care. A range of clinical resources are provided throughout training, including an online interactive tool to identify local eating disorder specialists. Interested healthcare professionals can enroll in our brief training here:

<https://www.hsph.harvard.edu/striped/webinar-and-e-course/>. In addition, we have partnered with the American Medical Association EdHub and Boston Children’s Hospital Continuing Medical Education Department to promote our training and greatly expand our reach to interested learners across the country.

- **“Dietary Supplements and Eating Disorders: Keeping Your Patients Safe” Six-Part Training for Healthcare Providers”**

STRIPED has created a six-part brief video training for healthcare providers on how to discuss dietary supplements to keep their adolescent patients safe. Each 2–3-minute video addresses a different aspect of discussing this topic, such as the dangers of dietary supplements sold for weight loss and muscle building, signs and symptoms of adverse effects of these products, and clinical recommendations.

Healthcare providers can access this training here:

<https://www.hsph.harvard.edu/striped/dietary-supplements-and-eating-disorders-keeping-your-patients-safe-video-series/>

## Academic Seminars and Events

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### 2024-2025

Webinar: Eating disorders among US youth: Insights from the YRBS

Ariel Beccia

Sponsored by STRIPED

April 25, 2025

Webinar: How to Engage in Eating Disorders Advocacy for Policy Change

Sponsored by The Renfrew Center Foundation’s 2024 Conference for Professionals

Ariel Beccia and Amanda Raffoul

November 8, 2024

Webinar: Eating Disorders Public Health Surveillance Working Group

Current issues related to state-level eating disorder prevention and surveillance

Ariel Beccia

Sponsored by STRIPED

July 18, 2024

Presentation: State policy climate and psychological distress among LGBTQ+ young adults during the COVID-19 pandemic

Sponsored by BCH LGBTQ+ Health Awareness poster Slam

Ariel Beccia

June 2024

### 2023-2024

Virtual Discussion Panel: Speakers included four STRIPED youth advocates: Ryan Ahmed, Pari Patel, Tasmia Afrin, and Authoy Das.

How youth advocates changed New York State law, Sponsored by New York State Senator Shelley Mayer  
January, 11, 2024

Film Screening of the documentary *Embrace Kids*

Zali Yager and Taryn Brumfitt

Co-sponsored by STRIPED, Harvard T. H. Chan School of Public Health (HSPH) Office of Diversity and Inclusion, HSPH program in Public Health Nutrition, Sexual Orientation, Gender Identity and Expression Health Equity Research Collaborative (SOGIE), Boston Leadership Education in Adolescent Health (LEAH), and Be Real.

October 26, 2023

Guest Lecture: Trine Tetile Eik-Nes, KariAnne Vrabel, and Maren Kopland

Building Body Confidence in children's sports, Personalized Treatment Approaches for Eating Disorder: A Focus on Individualized Care, and Change Mechanisms in Eating Disorder Treatment and Prevention

Sponsored by STRIPED and the Division of Adolescent and Young Adult Medicine, Boston Children's Hospital

September 6, 2023

## 2022-2023

Guest Lecture: Lyza Norton

Promoting positive food parenting practices for disordered eating prevention

Sponsored by STRIPED and the Division of Adolescent and Young Adult Medicine, Boston Children's Hospital

June 5, 2023

Guest Lecture: Stacie June Shelton

Global Public-Private Partnerships for Evidence-Based Interventions to Promote Adolescent Mental Health and Body Image

Sponsored by STRIPED and the Division of Adolescent and Young Adult Medicine, Boston Children's Hospital

August 16, 2022

Guest Lecture: Emilio Compte

[The Use of Muscle-Building Supplements in Latin America, and its Relationship with Male Health, and Eating Disorders](#)

Sponsored by STRIPED and the Division of Adolescent and Young Adult Medicine, Boston Children's Hospital

July 21, 2022

Guest Lecture: Emilio Compte

[Missing Men and Other Gender Dilemmas in Eating Disorders Assessment for Research and Clinical Care](#)

Sponsored by STRIPED and the Department of Neuro-Psychiatric Epidemiology,  
Harvard Chan School  
July 20, 2022

Guest Lecture: Stacie June Shelton  
Global Public-Private Partnerships for Evidence-Based Interventions to Promote  
Adolescent Mental Health and Body Image  
Sponsored by STRIPED and the Maternal and Child Health Interdisciplinary  
Concentration, Harvard Chan School  
July 6, 2022

## **2021-2022**

Guest Lecture: Trine Tetlie Eik-Nes  
A Framework for Prevention of Unhealthy Weight, Disordered Eating, and Poor Body  
Image in Children  
Sponsored by STRIPED and the Division of Adolescent and Young Adult Medicine,  
Boston Children's Hospital  
June 16, 2022

Guest Lecture: Trine Tetlie Eik-Nes  
A Framework for Prevention of Unhealthy Weight, Disordered Eating, and Poor Body  
Image in Children  
Sponsored by STRIPED and the Department of Nutrition, Harvard Chan School  
June 14, 2022

Guest Lecture: Denise Hamburger and Bryn Austin  
[Creating a Body Positive School Environment](#)  
Sponsored by STRIPED, BE REAL USA and the Centers for Disease Control and  
Prevention  
August 16, 2021

## **2020-2021**

Guest Lecture: Sook Ning Chua  
[Disordered Eating and Skin Shade Dissatisfaction in Young Adults in Singapore and  
Malaysia](#)  
Sponsored by STRIPED and the Division of Adolescent and Young Adult Medicine,  
Boston Children's Hospital  
April 21, 2021

Guest Lecture: Sook Ning Chua  
[Disordered Eating, Body Image & Community Mental Health in Malaysia](#)  
Co-sponsored by STRIPED and the Interdisciplinary Program in Population Mental  
Health, Harvard Chan School

April 7, 2021

Speakers: Lesley Williams, Johanna Kandel, Monika Ostroff, Bryn Austin and moderated by Karestan Koenen

[Stress Disordered Eating and Mental Health](#)

Sponsored by Interdisciplinary Program in Population Mental Health, Harvard Chan School

March 17, 2021

[Body Confident Schools Training](#)

Co-led by Denise Hamburger of BE REAL USA and Bryn Austin

Sponsored by STRIPED and BE REAL USA

December 9, 2020

Guest Lecture: Trine Tetlie Eik-Nes

The role of eating disorder, body image and stigma in prevention of unhealthy weight gain

Sponsored by STRIPED

November 16, 2020

Guest Lecture: Trine Tetlie Eik-Nes

Disentangling the role of eating disorder, shame and stigma in treatment of unhealthy weight gain

Sponsored by STRIPED

November 12, 2020

STRIPED Virtual Showcase

Sponsored by STRIPED

October 23, 2020

Guest Lecture: Lesley Williams

Practical Application of Weight Inclusive Clinical Care

Sponsored by STRIPED

October 22, 2020

Guest Lecture: Lesley Williams

Weight of Stigma as a Public Health Issue

Co-sponsored by STRIPED and Social and Behavioral Sciences

October 19, 2020

**2019-2020**

STRIPED Virtual Showcase

Sponsored by STRIPED

May 1, 2020

Guest Lecture: Josiemer Mattei and Hannah Cory  
The Weight of Stigma: Weight Talk, Social Perceptions and Disordered Eating in Adolescents  
Co-sponsored by STRIPED and Program in Public Health Nutrition  
December 11, 2019

Guest Lecture: Pieter Cohen  
Sports and Weight-loss Supplements: More than Mojo  
Co-sponsored by STRIPED and Program in Public Health Nutrition  
November 12, 2019

Guest Lecture: Karin Dunker  
Eating Disorders in Brazil: Highlights in Treatment and Prevention  
Sponsored by STRIPED  
October 22, 2019

STRIPED Showcase  
Sponsored by STRIPED  
August 21, 2019

Guest Lecture: Iyiola Solanke  
A Public Health Approach to Tackle Discrimination  
Sponsored by STRIPED  
August 9, 2019

## **2018-2019**

Guest Lecture: Zali Yager  
Body Image in Children and Adolescents: Current Evidence and New Possibilities  
Co-sponsored by STRIPED and the Center for Excellence in Maternal and Child Health  
April 5, 2019

Guest Lecturer: Zali Yager  
Innovations in Improving Body Confidence and Mental Health in Mothers  
Sponsored by STRIPED  
April 2, 2019

STRIPED Showcase  
Sponsored by STRIPED  
March 20, 2019

Guest Lecturer: Suman Ambwani  
When Pseudoscience Becomes Trendy: An Exploration of Clean Eating, False Health Claims, and Eating Disorder Risk

Sponsored by STRIPED and Program in Public Health Nutrition  
December 7, 2018

Screening, Symptom Recognition & Referral to Treatment for Eating Disorders in  
Pediatric Primary Care Settings  
National webinar sponsored by STRIPED and the Office on Women's Health of the  
Department of Health and Human Services  
November 6, 2018

Guest Lecturer: Nadia Craddock  
The Pressure to Be Fair: An Overlooked Adolescent Health Concern  
Sponsored by STRIPED  
November 2, 2018

Challenges and Opportunities for Designing and Implementing Case-based Learning in  
the Online Space  
Half-day Workshop sponsored by STRIPED and the Harvard Initiative for Learning and  
Teaching  
November 1, 2018

Guest Lecturer: Nadia Craddock  
Colorism and Skin Lightening: An Overlooked Global Health Concern  
Co-sponsored by STRIPED, Office of Diversity and Inclusion, Black Student Health  
Organization, and Women of Color Collective of Students  
October 24, 2018

STRIPED Showcase  
Sponsored by STRIPED  
August 23 & 24, 2018

## **2017-2018**

Reimagining the Frontier of Public Health Approaches to Eating Disorders Prevention:  
Transdisciplinary, Translational, Transformative  
One-day symposium co-sponsored by STRIPED and Harvard Catalyst  
April 30, 2018

Guest panel speakers: Lindsey Averill, Viridiana, Monica Kriete  
*Fattitude* documentary screening  
Co-sponsored by STRIPED, Harvard Chan School Women, Gender and Health  
Concentration, and Harvard Chan School Office of Diversity and Inclusion  
February 13, 2018

Guest Lecturer: Laura Hart

Body Image in Early Childhood: Helping Preschoolers Develop Body Confidence as a Public Health Intervention

Co-sponsored by STRIPED, Harvard Chan School Program in Public Health Nutrition, and Maternal and Child Health/Children, Youth and Families Center for Excellence

November 8, 2017

*Straight/Curve: Redefining Body Image* documentary screening

Co-sponsored by the Harvard Chan School of Public Health

November 6, 2017

Guest Lecturer: Monica Kriete

Weight Bias: A Public Health Problem

Co-sponsored with the Harvard Chan School of Public Health Office of Diversity and Inclusion

October 25, 2017

## **2016-2017**

Guest Lecturer: Sandra Aamodt, PhD

Why Diets Make Us Fat: The Unintended Consequences of Our Obsession With Weight Loss

October 3, 2016

Guest Lecturers: Elena Rossini, MA, Moya Bailey, PhD, Susan Linn, EdD, and Rachel Rodgers, PhD

The Illusionists: A Film About the Globalization of Beauty

October 24, 2016

Guest Lecturers: Rep. Joseph Kennedy III, Ann Becker, MD, Sara Forman, MD, Matt Selig, Esq., and Stacey Sacks

Capitol Hill Chaos: The Future of Eating Disorders, Treatment Access and Mental Health Parity

February 23, 2017

Guest Lecturers: Courtney Brown, BA, and Kimberly Yu, BA

Colorism: How Can We Address this Clinical and Public Health Issue in a Global Context?

April 19, 2017

Guest Lecturers: Courtney Brown, BA, and Kimberly Yu, BA

Colorism: How Can We Address this Clinical and Public Health Issue in a Global Context?

May 15, 2017

## **2015-2016**

Guest Lecturers: Erica Kenney, ScD, and Katrina Schroeder, RD, LDN  
Fighting Fat Stigma: What Public Health Can Do to Reduce Bias and Promote Health at Every Size

April 26, 2016

Guest Lecturer: Jerel Calzo, PhD

The Mask You Live In: Is American Masculinity Harming Our Boys, Men, and Society?

April 19, 2016

Guest Lecturers: Allegra Gordon, ScD, MPH, Erica Kenney, ScD, MPH, and Flora Or, MHS  
The Weight of Stigma: Implications of Fat Stigma for Public Health

February 23, 2016

Guest Lecturers: S. Bryn Austin, ScD, and Rachel Rodgers, PhD

Occupational Hazards of Fashion: Emerging Policy Solutions to Mitigate Coerced Starvation and Exploitation of Fashion Models

February 8, 2016

Guest Lecturer: Jerel Calzo, PhD

Muscles and Masculinity: What's the Connection?

December 7, 2015

## **2014-2015**

Guest Lecturer: Phillippa Diedrichs, PhD

Large Scale Dissemination of Eating Disorders Prevention in the European Union

April 22, 2015

Guest Lecturer: Allegra Gordon, ScD, MPH

Gender Expression, Discrimination and Health Among U.S. Adolescents and Young Adults: Quantitative and Qualitative Approaches

April 21, 2015

Guest Lecturer: Susan Greenhalgh, PhD

Fat Talk Nation

April 21, 2015

Guest Lecturer: Rachel Rodgers, PhD

Decreasing Tanning Among Students: An Unexpected Minimal Intervention

March 23, 2015

Guest Lecturer: Jean Kilbourne, EdD

Falling in Love with Food: Advertising and Public Health

March 3, 2015

Guest Lecturer: Erica Kenney, ScD and Morgan Redman, MS  
Are K-12 Schools Hurting Obese Students? A Qualitative Study of U.S. Classroom Teachers and Weight Bias  
February 4, 2015

Guest Lecturer: Kerstin Blomquist, PhD  
Evidence-based Policy Solutions to Prevent Eating Disorders: Should We Place Warning Labels on Fashion Advertisements?  
November 10, 2014

Guest Lecturer: Emily Kroshus, ScD  
Winning at What Cost? Concussions and Disordered Eating in Collegiate Sports  
October 17, 2014

### **2013-2014**

Guest Lecturer: Kendrin Sonnevile, ScD, RD, LDN  
Adolescent Obesity and Disordered Eating: How to Talk About Weight  
Boston Children's Hospital Eating Disorder Case Conference  
May 27, 2014

Guest Lecturer: Emily Kroshus, MPH  
Dissertation Defense: Exploring the Influence of Within-Group Communication and Norms on the Health Behaviors of Collegiate Athletes  
April 1, 2014

Guest Lecturer: Christina Roberto, PhD, and Brigitte Granger  
Diet Industry Marketing Practices: The Problem's Scope & Solutions  
April 1, 2014

Guest Lecturer: Rachel Rodgers, PhD, Northeastern University, Boston, United States  
Unintentional Prevention in Eating Disorders: Potential Methodological and Practice Implications  
Public Health Nutrition Program's Brown Bag Series  
March 11, 2014

Guest Lecturer: Katherine Record, JD, MPH, MA  
Spring 2014: Skeletal Is Still the Proverbial Black  
Co-sponsored by STRIPED and Harvard Education and Research Center for Occupational Safety and Health.  
February 10, 2014

Guest Lecturer: Manuela Ferrari, PhD, University of Toronto, Toronto, Canada  
BODY Study Digital Vignettes for Eating Disorders Prevention  
December 6, 2013

Guest Lecturer: Phillippa Diedrichs, PhD, Centre for Appearance Research at the University of the West of England: Bristol, Bristol, England  
Policy Approaches to Improving Body Image and Preventing Eating Disorders: A Researcher's Perspective on Working With Government, Politicians and Policy Makers in the UK  
December 6, 2013

Guest Lecturer: Kendrin Sonneville, ScD, RD, LDN  
Eating Disorders: What, Why, and How Common?  
Principles of Nutrition  
December 3, 2013

Guest Lecturer: Phillippa Diedrichs, PhD, Centre for Appearance Research at the University of the West of England: Bristol, Bristol, England  
Body Politics: Translating Research Into Practice With Government, Politicians and Policy Makers in the UK to Improve Body Image and Prevent Eating Disorders  
December 3, 2013

Guest Lecturer: Dianne Neumark-Sztainer, PhD, MPH, RD, International Expert  
Advisory Panel member  
Family Meals: Key Findings From Project EAT and Future Directions  
Nutrition Seminar Series  
November 25, 2013

Guest Lecturer: Kendrin Sonneville, ScD, RD, LDN  
Adolescent Nutrition: Obesity, Eating Disorders, and Integrated Prevention  
Adolescent Health Course, Harvard Chan School  
November 25, 2013

Guest Lecturer: Bryn Austin, ScD  
Getting Eating Disorders Prevention on the Public Health Agenda: A Strategic Approach to Prevention Science, Pipelines, and Workforce Training  
School-Wide Hot Topics Seminar at Harvard Chan School  
July 23, 2013

## **2012-2013**

Guest Lecturer: Bernice Garnett, ScD, MPH  
Dissertation Defense: The Intersections of Discrimination, Bullying, and Coping Among Ethnically Diverse Urban Youth: Highlighting Weight-Based Discrimination Through a Mixed-Methods Framework  
April 17, 2013

Guest Lecturer: Bryn Austin, ScD  
Getting Eating Disorders Prevention on the Public Health Agenda: A Strategic Approach to Prevention Science, Pipelines, and Workforce Training.

Harvard Chan School Maternal and Child Health Seminar Series  
April 10, 2013

Film screening of documentary *Shredded*  
Co-sponsored by STRIPED and Harvard Chan School Women, Gender, and Health  
Concentration  
February 19, 2013

Film screening of documentary *Absolutely Safe*  
Co-sponsored by STRIPED and Harvard Chan School Women, Gender, and Health  
Concentration  
October 9, 2012

## 2011-2012

Guest Lecturer: Zali Yager, PhD, La Trobe University, Melbourne, Australia  
School-Based Prevention of Eating Disorders and Obesity: The Role of Physical  
Education Teachers  
Co-sponsored by STRIPED and Harvard Chan School Program in Public Health Nutrition  
May 1, 2012

Film screening of documentary *Miss Representation*  
Co-sponsored by STRIPED and Harvard Chan School Women, Gender and Health  
Concentration  
April 5, 2012

Guest Lecturer: Kendrin Sonneville, ScD  
Eating Disorders and Obesity in Teens: The Role of Body Dissatisfaction  
Seminar Series: Harvard Chan School Nutrition Seminar  
March 26, 2012

Guest Lecturer: Monica Wang, ScD, MPH  
Dissertation Defense: Risk and Protective Factors of Disordered Weight Control  
Behaviors  
March 21, 2012

Guest Lecturer: Bryn Austin, ScD  
Why We Need Eating Disorders Screening in High Schools  
Legislative briefing at Massachusetts State House with Representative Kay Khan on  
Improving Early Intervention and Prevention by Adding Eating Disorders to Required  
Health Screenings in Schools.  
In partnership with the National Eating Disorders Association, New York, NY, and office  
of Massachusetts Representative Kay Khan, Newton, MA  
March 6, 2012

Guest Lecturer: Bryn Austin, ScD

Getting Eating Disorders Prevention on the Public Health Agenda: A Strategic Approach to Prevention Science, Pipelines, and Workforce Training

Seminar Series: Harvard Center for Population and Development Studies

February 9, 2012

Film screening of documentary *Beauty Mark: Body Image & the Race for Perfection*

Co-sponsored by STRIPED and Harvard Chan School Women, Gender and Health Concentration

October 20, 2011

## 2010-2011

Film screening of documentary *DISFIGURED: A Movie About Women and Weight*

Co-sponsored by STRIPED and Harvard Chan School Women, Gender and Health Concentration

February 24, 2011

Film screening of documentary *America the Beautiful*

Co-sponsored by STRIPED and Harvard Chan School Women, Gender and Health Concentration

October 27, 2010

## 2009-2010

Guest Lecturer: Jess Haines, PhD, MHSc, RD, International Expert Advisory Panel member

Prevention of Weight-Related Disorders in Youth

Harvard Chan School Maternal and Child Health Seminar Series

April 21, 2010

Guest Lecturer: Susan Paxton, PhD, International Expert Advisory Panel member  
Body Image and Disordered Eating: Risk Factor Based Prevention Interventions and Public Health Initiatives

Co-sponsored by STRIPED and Harvard Chan School Women, Gender and Health Concentration

April 5, 2010

Guest Lecturers: Bryn Austin, ScD, Kendrin Sonnevile, ScD

Reduction of Shape and Weight Concern in Young Adolescents: A 30-Month Controlled Evaluation of a Media Literacy Program

Harvard Chan School Maternal and Child Health Journal Club

March 31, 2010

Guest Lecturer: Bryn Austin, ScD

## Policy Translation

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### **How to Hold Social Media Platforms Accountable**

Social media has become both a valuable tool and a potential source of harm for youth, with growing concerns about its impact on mental health and wellbeing due to deceptive design practices. To address these challenges, we have created model legislation, a comprehensive guide, and fact sheets to support advocates in fostering safer online spaces for youth. Our [Roadmap: How to Hold Social Media Platforms Accountable](#) offers practical strategies for policymakers and advocates, including mandating independent algorithm risk audits and enhancing transparency on social media platforms. These tools empower lawmakers, advocates, and concerned individuals to drive meaningful change and promote a healthier digital environment for youth.

### **STRIPED's Response to the NTIA Kids Online Health and Safety Request for Comment**

In October 2023, the National Telecommunications and Information Administration (NTIA) released a notice requesting public comments on “the current and emerging risks of health (including mental health), safety, and privacy harms to minors arising from use of online platforms” ([NTIA-2023-0008-0001](#)). Read [STRIPED's response](#) on the Initiative to Protect Youth Mental Health Safety and Privacy Online.

### **The Real Cost of Beauty Ideals**

This study was conceived through a collaboration of the Dove Self-Esteem Project (DSEP) and STRIPED and conducted in collaboration with Deloitte Access Economics. With this study, we take aim at racist and gendered societal appearance ideals, bringing much-needed scrutiny to a domain of inequity that for too long has been relegated to the periphery of economic and social inquiry, no doubt both a consequence and a cause of the comparatively small research literature investigating this domain. The [report](#) provides overwhelming evidence that body dissatisfaction and appearance-based discrimination, including weight- and skin-related discrimination, are a multi-billion-dollar public health crisis that costs people of all genders, but women and girls especially, their health, happiness, and sometimes their lives. Harmful beauty ideals cost the U.S. economy \$305B due to body dissatisfaction and \$501B due to appearance-based discrimination annually, combining estimates of financial costs and lost well-being.

## **Comparative Cost-Effectiveness Analysis of Five Public Health Approaches to Eating Disorders Prevention in the United States**

Eating disorders cases in young people have doubled since the beginning of the COVID-19 pandemic. The need for treatment far outstrips the capacity of the healthcare system, underscoring how vital primary and secondary prevention are. This [comparative cost-effectiveness study](#), the first of its kind in the field, explored the economic case for implementing five policy and programmatic approaches to eating disorders prevention, namely: 1) school-based screening, 2) primary care-based screening, 3) school-based universal prevention, 4) excise tax on diet pills, and 5) restriction on youth purchase of diet pills. The findings of this study highlight the potential cost savings and gains in health that could be achieved by advancing a policy agenda for eating disorders prevention.

## **STRIPED Advocacy Playbook**

Released in 2021, the [STRIPED Advocacy Playbook](#) uses tried and true strategies to make it easy for community change-makers to advocate for important advances that could help prevent eating disorders and promote body confidence. With help from colleagues at My Power People, Center Road Solutions, 1235 Strategies, and GQR, the Playbook offers a step-by-step guide for advocates to plan and organize campaigns for policy change and health equity. The STRIPED Advocacy Playbook offers valuable information for advocates interested in getting involved with eating disorders prevention campaigns, public health professionals wanting to put their ideas and research into policy action, and policymakers wanting to be leaders on these initiatives. Showcasing our current and new policy translation campaigns, the Playbook includes numerous resources on each specific policy campaign, including model legislation, fact sheets, and policy briefs. As a freely available tool on our website, the STRIPED Advocacy Playbook will offer a unique and accessible resource for anyone looking to promote body confidence and health equity through policy translation.

## **Social and Economic Cost of Eating Disorders in the U.S. Report**

In collaboration with the Academy for Eating Disorders and Deloitte Access Economics, STRIPED led an initiative to carry out the [most comprehensive examination to date](#) of the social and economic burden of eating disorders in the United States. In addition to estimating the direct cost of treatment for eating disorders, the report, published in 2020, documents a range of additional economic costs, including informal care giving, productivity, and broader costs to society and estimates substantial losses in wellbeing. We now have critical economic data to estimate the immense impact eating disorders have on the U.S. population and economy. We are excited to use this groundbreaking report to aid our present and future policy work. STRIPED is working side by side with our many community partners to bring these findings to key decision makers in government and healthcare. To help local advocates leverage our findings and motivate decision

makers to take action in their own communities, we also created fact sheets with the key findings tailored for each state.

### **Centers for Disease Control and Prevention (CDC) Eating Disorders Health Monitoring Project**

The Centers for Disease Control and Prevention (CDC) monitors the health of people in the United States through a process known as health surveillance—systematically collecting data to identify emerging health threats, track trends over time, and determine whether prevention and treatment efforts are working. When the right questions are not asked, serious health problems can remain invisible; simply put, if you're not counted, you don't count. When STRIPED identified that the CDC had stopped routinely collecting data on disordered eating behaviors among youth—and collects very limited data on eating disorders among adults—we launched a coordinated national response. STRIPED established the [Eating Disorders Public Health Surveillance Working Group](#) in 2022, a multi-state, interdisciplinary collaboration of state YRBS coordinators, epidemiologists, and public health and medical professionals dedicated to advancing eating disorder surveillance in the U.S., with a particular focus on the CDC's Youth Risk Behavior Survey (YRBS). Through this effort, STRIPED has led a coalition of national organizations, including the Academy for Eating Disorders, Eating Disorders Coalition, and the National Eating Disorders Association, to urge the CDC to restore and strengthen surveillance of eating disorders and early warning signs among youth. This advocacy has contributed to important progress, including successful additions of disordered eating items in Alaska and Arizona, as well as letters from both the U.S. Senate and House of Representatives urging the CDC to take action. STRIPED continues to work with the CDC and federal partners by offering technical expertise to help remedy this critical gap in public health surveillance and ensure that eating disorders are no longer overlooked.

### **Out of Kids' Hands Campaign to Ban Sale of Over-the-Counter Diet Pills and Muscle-Building Supplements to Minors**

In a long-standing academic-community-government partnership, which began in 2015, STRIPED has teamed up with community partners the Multi-Service Eating Disorders Association, National Eating Disorders Association, Eating Disorders Coalition, Center for Science in the Public Interest, and many other organizations, along with lawmakers in multiple states to protect minors from dangerous over-the-counter diet pills and dietary supplements sold for weight loss and muscle building. Based on STRIPED legal and public health research, [legislation](#) first introduced in Massachusetts, followed by California, New York, Illinois, New Jersey, Connecticut, and Missouri has now being considered by lawmakers in states across the country to ban the sale of these deceptive and deleterious products to consumers younger than 18 years old. Since the first time legislation was introduced in 2015, the campaign to ban the sale of diet pills and muscle-building supplements to minors has made tremendous gains with state lawmakers. STRIPED continues to generate and translate the overwhelming research evidence motivating these legislative efforts to keep dangerous diet pills and muscle-building supplements out of the hands of our youth. Legislation from the Out of Kids'

Hands Campaign have now been filed by lawmakers in 10 states and is now law in New York State since the establishment of the STRIPED Youth Corps in 2021 and over 90 high school youth have received training and hands-on field experience through our in our civic advocacy initiative.

### **Health in the Fashion Industry**

Through another academic-community-government partnership, STRIPED and community partners Model Alliance and National Eating Disorders Association worked with California Assemblymember Marc Levine to protect the safety, health, and wellbeing of models, and change the messages girls and young women receive about what our society values. In 2016, Assemblymember Marc Levin introduced California A.B. 2539: An Act protecting the health and safety of fashion models, the first bill in the United States to directly address the problem of coerced starvation and eating disorders in the fashion industry to protect the health and well-being of professional models. Sparked by STRIPED legal research led by STRIPED Collaborating Mentor Katherine Record reported in the *American Journal of Public Health* article “‘Paris thin:’ A call to regulate life-threatening starvation of runway models in the U.S. fashion industry,” this bill was designed to ensure that all modeling agencies operate under the California Talent Agency Act, which would provide necessary worker health and safety protections for models. This bill also clarified that models are employees of the brands they represent, rather than independent contractors, ensuring that models are granted worker health and safety protections that all employees have in California. In the subsequent legislative session, January 2018, our same team of experts and advocates provided the research evidence supporting Assemblymember Levine in filing California AB 2338 to protect the health of professional fashion models working in California. The bill, which builds on CA AB 2539 from the previous legislative session, addresses the problem of eating disorders and sexual harassment in the fashion industry by requiring talent agencies to provide sexual harassment prevention and health standards training programs to employees, actors, models, and other entertainers. The bill was signed into law as the Talent Protections Act in September 2018.

### **Global Regulation of Weight-Loss Supplements**

Through a global, comparative public health research initiative, STRIPED conducted a comprehensive policy scan examining how federal governments worldwide regulate dietary supplements marketed for weight loss. This work resulted in the creation of an international regulatory [database](#) and the [publication](#) of two peer-reviewed papers documenting widespread regulatory gaps. Despite well-documented health risks, including serious adverse events, the findings revealed that weight-loss supplements remain loosely regulated in most countries, are often widely available with minimal oversight, and typically enter the market without rigorous pre-market safety evaluation. To extend this work and address persistent language and data gaps, STRIPED subsequently launched an international survey of regulators, industry leaders, and academic experts to deepen understanding of regulatory practices and enforcement challenges across regions. Together, this body of work provides a critical comparative

tool to inform advocacy efforts and support stronger global regulation of weight-loss supplements to protect consumer health. STRIPED thanks Visiting Scholar Sarith Felber for her key contributions to the conceptualization of this pilot study.

### **Height and Weight Discrimination**

Collaborating with community partners, STRIPED is helping to leverage the research evidence to support legislation to make discrimination based on height and weight unlawful. Massachusetts lawmakers Rep. Tram Nguyen and Sen. Rebecca Rausch are leading efforts in the state, and we are providing valuable research evidence to support similar efforts in New York and New Jersey. Unlike many other forms of discrimination, discrimination based on height and weight remain legal in all states except Michigan. If eventually passed, this bill would add height and weight to the list of unlawful forms of discrimination in Massachusetts and would provide a legal remedy to those who have experienced discrimination in employment, housing, education, and public accommodations based on their height or weight.

### **Digitally Manipulated Advertisements**

STRIPED research provided the basis for the first bill in the country to address the widespread issue of digitally manipulated images in advertisements and introduced by Massachusetts Rep. Kay Khan and Senator Rebecca Rausch. If passed in Massachusetts, An Act relative to mental health promotion through realistic advertising images, would create a new tax credit for companies that demonstrate commitment not to alter models' appearance in terms of age, skin shade, and body size and shape in advertisements for apparel, cosmetics, and personal care products.

### **Banning Natural Hair Style Discrimination**

STRIPED is proud to support the Massachusetts efforts to advance the Creating a Respectful and Open World for Natural Hair (CROWN) Act, legislation aimed to combat discrimination based on race-based hair styles. The CROWN Act has been passed in 19 US states and 43 cities already. In Massachusetts, where the bill was sponsored by Massachusetts Representatives Steven Ultrino and Chynah Tyler and Senator Adam Gomez, STRIPED created opportunities for public health graduate students to gain vital research-to-policy-translation experience to support with this important social justice initiative. We were proud to be part of the coalition supporting the bill, which was signed into law in Massachusetts in 2022.

## **Advocacy Day Travel Scholarships**

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### **2024-2025**

Trainees earning scholarships in spring 2025 to attend the Eating Disorders Coalition Capitol Hill Advocacy Day: Chloe Gao, Ariel Beccia, Laura Torrent, Dougie Zubizarreta

## **2023-2024**

Trainees earning scholarships in spring 2024 to attend the Eating Disorders Coalition Capitol Hill Advocacy Day, held in person again for the first time since the COVID-19 pandemic began: Ariel Beccia, Abigail Bulens, Chloe Gao, Ahmed Nawar

## **2022-2023**

Trainees earning scholarships in spring 2023 to attend the Eating Disorders Coalition Capitol Hill Virtual Advocacy Day: Lamia Ayaz, Ariel Beccia, Charlotte Chiang, Nat Egan, Chuying Huo, Taline Nahapetian, Pari Patel, Arshia Verma, Emmanouil Vourvahakis

## **2021-2022**

Trainees earning scholarships in spring 2022 to attend the Eating Disorders Coalition Capitol Hill Virtual Advocacy Day: Ryan Ahmed, Ariel Beccia, Mimi Cole, Yaen Chen, Saket Datla, Najman Mahbouba, Stacie June Shelton, Edward Thomas

Trainees earning scholarships in spring 2022 to attend the virtual International Conference on Eating Disorders: Maya Azar-Atallah, Upanita Barman, Destiny Jackson, Mary Lee, Funmbi Okoya

## **2020-2021**

Trainees earning scholarships in spring 2021 to attend the Eating Disorders Coalition Capitol Hill Virtual Advocacy Day: Shradha Chhabria, Deepa Manjanatha, Kenny Nguyen, Meg Salvia, and Kelsey Wu

Trainees earning scholarships in spring 2021 to attend the virtual International Conference on Eating Disorders: Ariel Beccia, Alice Lowy, Rachel Plummer, Kelsey Rose, Meg Salvia

## **2019-2020**

Trainees earning scholarships in spring 2020 to attend the Eating Disorders Coalition Capitol Hill Advocacy Day: Amanda Bryson, Haidee Cano, Cindy Chwa, Sydney Hartman-Munick, Niyaz Mohammadzadeh Honarvar, Kripa Jalan, Jessica Lin, Andrea Lopez-Cepero, Alice Lowy, Cameron Nereim, Rachel Plummer, Claire Roux, Haitham Shoman, Marlena Skrabak, Mai-Han Trinh, Bree Wilhite Conway

Trainees earning scholarships in spring 2020 to attend the virtual International Conference on Eating Disorders: Tammy Yan, Todd Liou, Haidee Cano, Kendall Sharp, Kelsey Rose, Mai-Han Trinh, Claire Roux, Kripa Jalan, Niyaz Mohammadzadeh Honarvar, Haitham Shoman, and Bree Wilhite Conway

## **2018-2019**

Trainees earning scholarships to attend the Eating Disorders Coalition Capitol Hill Advocacy Day in spring 2019 semester: Elizabeth Byrnes, Estivaliz Castro, Phoebe Garcia, Ryan Golt, Amanda Graff, Isabel Janmey, Claire Lamneck, Jordan Levinson, Molly Rafferty, Jane Rho, Kendall Sharp, Lily Shay, Thamara Subramanian, Frances Tao, and Bree Wilhite

## **2017-2018**

Trainees earning scholarships to attend the Eating Disorder Coalition Capitol Hill Advocacy Day in fall semester: Avanti Adhia, Katelyn Ferreira, Ali Greatsinger, Laura Hart, Jessica Huang, Tariana V. Little, Blair Robinson, and Breanne Wilhite

Trainees earning scholarships to attend the Eating Disorders Coalition Capitol Hill Advocacy Day in spring semester: Rohit Abraham, (Borna) Nazmim Bhuiya, Payal Desai, Ijeoma Ezeofor, Begum Kalyoncu, Anqa Khan, Leena Kulkarni, Jessica Oh, Nicolle Potvin, and Alvin Tran

## **2016-2017**

Trainees earning scholarships to attend the Eating Disorders Coalition Capitol Hill Advocacy Day in spring semester: Monica Kriete, Supriya Misra, Kuanysh Yergaliyev, and Kimberly Yu

## **2015-2016**

Trainees earning scholarships to attend the Eating Disorders Coalition Capitol Hill Lobby Day in fall semester: Katie Cueva, Mary Gorski, Jill Ann Goslinga, Katherine Howe, Xindy (Cindy) Hu, and Anvita Kulkarni

Trainees earning scholarships to attend the Eating Disorders Coalition Capitol Hill Lobby Day in spring semester: Alice Lowry and Kajal Mehta

## **2014-2015**

Trainees earning scholarships to attend the Eating Disorders Coalition Capitol Hill Lobby Day in fall semester: Luke Allen, Nadia Craddock, Carly Guss, Jill Merrigan, Morgan Redman, Morgan Shields, Sonya Swanson, and Alvin Tran

Trainees earning scholarships to attend the Eating Disorders Coalition Capitol Hill Lobby Day in spring semester: Nadia Craddock, Katherine Heflin, Grace Kennedy, and Jill Merrigan

# **Publications**

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## Research Articles

Hall NY, Le H, Mihalopoulos C, Austin SB, Long Le L. Early childhood risk factors for unhealthy weight control behaviour in adolescents. *Public Health* 2025; 247:105875.

Beccia AL, Hazzard VM, Rodgers RF, Zubizarreta D, Schaefer LM, Burke NL. Campus climate and intersectional inequities in eating disorders among U.S. college students: A multilevel analysis of individual heterogeneity and discriminatory accuracy. *Ann Epidemiol*. 2025;111:94-101. (Epub)

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Gao C, Chung J, Xu A, Huang S, Cheng S, Xu W, Law MR, McGrail K, Sunderji N, Austin SB, Beccia AL, Raffoul A. Eating Disorder Risk and Diagnosis Among East Asian Youth in the United States: Findings From the Healthy Minds Study, 2020-2023. *Int J Eat Disord*. 2025 Nov.. (Epub ahead of print)

Jackson DA, Beccia AL, Raffoul A, Sarda V, Chavarro JE, Hart JE, Austin SB. Racial/ethnic inequities in potentially harmful supplement use: Results of a prospective US cohort during the COVID-19 pandemic. *Public Health*. 2025 Mar;240:104-111.

Tschampl CA, Tabata-Kelly M, Lee MR, Soranno E, Barman U, Raffoul A, Austin SB. Economic and equity evaluation of age restrictions on over-the-counter diet and muscle-building supplements. *Health Affairs Scholar* 2025; 3(1): qxaf002

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Hammad NM, Sonnevile KR, Shanab BM, Khosla P, Austin SB, Leung CW. Weight bias internalization, weight controllability beliefs, and probable eating disorder associations among medical students at a private university in the US. *Eating Behaviors* 2025; 58: 102010.

Beccia AL, Poon J, Fink K, Loudon J, Austin SB. Prevalence and correlates of disordered eating among Alaska youth: Results from the 2023 Alaska Youth Risk Behavior Survey. *International Journal of Eating Disorders* 2025. (Epub)

Lubin N, Liu Y, Yarnell A, Austin SB, Ward ZJ, Iyer R, Stray J, Lawrence M, Cooper A, Chapman P. Social media harm abatement: Mechanisms for transparent public health assessment. *Annals of the New York Academy of Sciences*. 2025. (Epub)

Yergaliyev KA, Fresina L, Ayaganova A, Austin SB. Power Prism framework for health advocacy: A case of dietary supplements for weight loss and muscle building sold to youth in Massachusetts municipalities. *Electronic Journal of General Medicine*. 2025; 22(4):em662.

Suh BC, Beccia AL, Celebrano B, Veilleux N. Unveiling Trends, Demographic Differences, and the Importance of Public Health Surveillance: Exploring Unhealthy Weight Control Behaviors Among Arizona Youth. *International Journal of Eating Disorders* . 2025 Jul;58(7):1233-1243. (Epub)

Vitagliano JA, Kavanaugh JR, Gorges B, Fu X, Todd K, Milliren CE, Raffoul A, Austin SB. The STRIPED Dietary Supplement Label Explorer: A tool to identify supplements sold with weight-loss, muscle-building, and cleanse/detox claims. *Journal of Nutrition*. 2025; 155(4):1258-1267.

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STRIPED is committed to working toward putting an end to weight stigma. To address weight stigma in public health research, policy, and practice, STRIPED collaborators Laura Hart, Katelyn Ferreira, Suman Ambwani, Erin Gibson, and Bryn Austin, conducted a Delphi expert consensus study with a group of experts from the fields of eating disorders, fat activism, and public health to identify ideas and actions supported by high levels of consensus across fields.

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