

The Women, Gender, and Health
Concentration cordially invites you to:

Your Fat Friend

a film screening about weight stigma, care, and belonging



Your Fat Friend follows writer, activist, and beloved podcast host Aubrey Gordon as she moves from anonymous blogger to a public voice challenging the way our culture talks about weight, health, and bodies.

The film invites us to reconsider assumptions about fatness, health narratives, personal dignity, and care—and asks what it might look like to build a world where all bodies are met with respect, safety, and belonging.



*Featuring a discussion moderated by
Dr. Bryn Austin, ScD, &
Dr. Ariel Beccia,
scholars affiliated with the Strategic
Training Initiative for the Prevention
of Eating Disorders (STRIPED).*

*Together, we will explore how weight
stigma, public health messaging,
medical practice, and lived experiences
shape the way bodies are treated—and
how we can move toward more just,
compassionate approaches to health.*

Tuesday, November 18, 2025
5:30-7:30 PM
FXB G12

RSVP here:



dinner + refreshments
will be served!