

# Interdisciplinary Concentration in Population Mental Health

The goal of this interdisciplinary concentration is to equip new generations of master’s and doctoral students with the skills and vision needed to conceptualize, measure, and test ideas about psychiatric disorders that will advance the field in both incremental and ground-breaking ways. To fulfill this mission, we emphasize a framework for investigating the etiology, course, and consequences of mental illness that highlights the dynamic interplay of multiple levels, that is, a person (biology, psychology), in context (family, social network, neighborhood, workplace, society) through time (person and contextual change) using the most advanced statistical methods and including new developments such as big data and electronic medical records.

# Concentration Requirements

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| **Eligibility** | Students from any academic department at the Harvard T.H. Chan School of Public Health |
| **Admissions** | Submit the concentration completion form within five business days of the registrar’s add/drop deadline for the quarter prior to graduation. For spring graduation, this would be within five business days of the Spring 2 add/drop deadline. For winter graduation, this would be within five business days of the Fall 2 add/drop deadline. |
| **Required** | Completion of 10 credits (C or higher for ordinal credit, S for S/NS credit):   * 5 credits from core courses (EPI 217, EPI 219, GHP 204) * 2.5 credits from mental health elective courses * 2.5 credits from any core, mental health elective, or related elective courses |
| **Recommended** | Population mental health related practicum, thesis or dissertation |

**Core Courses (5 credits required):**

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| **Course Code** | **Course Name** | **Credits** | **Term** |
| EPI 217 | Epidemiology of Adult Psychiatric Disorders | 2.5 | Fall 1 |
| EPI 219 | Assessment Concepts and Methods in Psychiatric Epidemiology | 2.5 | Fall 2 |
| GHP 204 | Foundations of Global Mental Health | 2.5 | Fall 1 |
| SBS 215 | Society and Mental Health | 2.5 | Fall 1 |

**Mental Health Elective Courses (2.5 credits required):**

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| **Course Code** | **Course Name** | **Credits** |  | **Term** |
| SBS 212 | Developmental Disabilities I: Evaluation,  Assessment and Systems |  | 2.5 | Fall 1 & 2 |
| SBS 214 | Developmental Disabilities II: Value, Policy, and Change |  | 2.5 | Spring 1 & 2 |
| SBS 220 | Social and Structural Inequalities and Children’s Health |  | 2.5 | Fall 2 |
| SBS 254 | Social Disparities, Stress, and Health |  | 2.5 | Spring 2 |
| SBS 504 | Substance Abuse and Public Health |  | 2.5 | Fall 1 |
| WGH 210 | Women, Gender and Health: Critical Issues in Mental Health |  | 2.5 | Spring 1 |
| GHP 209 | Early Childhood Development in Global Contexts |  | 5 | Spring 1 & 2 |
| SBS 237 | Grief, Loss, and Death: Population Mental Health Perspectives |  | 2.5 | Spring 2 |

**Related Elective Courses (2.5 credits required):**

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| **Course Code** | **Course Name** | **Credits** |  | **Term** |
| EPI 507 | Principles of Genetic Epidemiology |  | 2.5 | Fall 2 |
| GHP 515 | International Humanitarian Response I |  | 2.5 | Spring 1 & 2 |
| GHP 557 | Fundamentals of Global Health |  | 5 | Fall 1 & 2 |
| HPM 213 | Public Health Law |  | 2.5 | Spring 2 |
| HPM 509 | Disability Policy in the US |  | 2.5 | Spring 2 |
| ID 220 | An Introduction to Planetary Health |  | 2.5 | Spring 1 & 2 |
| SES 5409 | Climate Justice |  | 4 | Spring 1 & 2 |
| NUT 201 | Introduction to Nutrition in Public Health |  | 2.5 | Fall 2 |
| SBS 207 | Race, Ethnicity and Health:  Perspectives from the Social and Behavioral Sciences |  | 2.5 | Fall 2 |
| SBS 208 | Adolescent Health |  | 2.5 | Fall 1 |
| SBS 219 | High-Risk Behavior: Epidemiology and Prevention Strategies |  | 2.5 | Spring 2 |
| SBS 222 | Social Services for Children, Adolescents and Families | 2.5 | | Spring 1 |
| SBS 246 | Maternal and Child Health: Programs and Policies | 2.5 | | Spring 2 |
| SBS 299 | Science-Driven Innovation in the Early Childhood Ecosystem | 5 | | Fall 1 & 2 |
| SBS 502 | Mass incarceration and Health in the US | 2.5 | | Spring 1 |
| SBS 514 | Reducing Socioeconomic and  Racial/Ethnic Inequalities in Health | 2.5 | | Spring 1 |
| WGH 201 | Reproductive Health, Rights, and Justice | 2.5 | | Fall 2 |
| WGH 207 | Advanced Topics in Women, Gender and Health | 1.25 | | Spring 2 |
| WGH 211 | Gender and Health: Introductory Perspectives | 2.5 | | Fall 1 |
| WGH 220 | Sexuality and Public Health in a Changing World | 2.5 | | Spring 1 |
| WGH 230 | The Health of Transgender and Gender Diverse People | 2.5 | | Fall 2 |
| WGH 250 | Embodying Gender: Public Health, Biology and the Body Politic | 2.5 | | January |

*For the Concentration Completion Form or questions, contact the PMH team:*

*harvardpopulationmentalhealth@hsph.harvard.edu*