# Mexico

| Systolic blood pressure (mmHg) | Women, Non-smoker | | | | Women, Smoker | | | | AGE | Men, Non-smoker | | | | Men, Smoker | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | 20 | 25 | 30 | 35 | 20 | 25 | 30 | 35 | | 20 | 25 | 30 | 35 | 20 | 25 | 30 | 35 |
| 180 | 25 | 27 | 30 | 32 | 38 | 41 | 44 | 47 | 70-74 | 29 | 32 | 34 | 37 | 33 | 36 | 38 | 41 |
| 160 | 20 | 21 | 23 | 25 | 30 | 33 | 35 | 38 | | 23 | 25 | 27 | 29 | 26 | 28 | 30 | 33 |
| 140 | 15 | 17 | 18 | 20 | 24 | 26 | 28 | 30 | | 18 | 19 | 21 | 23 | 20 | 22 | 24 | 26 |
| 120 | 12 | 13 | 14 | 15 | 18 | 20 | 22 | 24 | | 14 | 15 | 16 | 18 | 16 | 17 | 19 | 20 |
| 180 | 19 | 21 | 23 | 25 | 32 | 35 | 38 | 41 | 65-69 | 23 | 25 | 28 | 30 | 28 | 31 | 34 | 37 |
| 160 | 14 | 16 | 17 | 19 | 25 | 27 | 29 | 32 | | 18 | 19 | 21 | 23 | 22 | 24 | 26 | 29 |
| 140 | 11 | 12 | 13 | 15 | 19 | 21 | 23 | 25 | | 13 | 15 | 16 | 18 | 17 | 18 | 20 | 22 |
| 120 | 8 | 9 | 10 | 11 | 14 | 16 | 17 | 19 | | 10 | 11 | 12 | 13 | 13 | 14 | 15 | 17 |
| 180 | 14 | 15 | 17 | 19 | 26 | 28 | 31 | 35 | 60-64 | 17 | 19 | 21 | 24 | 24 | 26 | 29 | 32 |
| 160 | 10 | 11 | 13 | 14 | 19 | 21 | 24 | 26 | | 13 | 14 | 16 | 18 | 18 | 20 | 22 | 24 |
| 140 | 7 | 8 | 9 | 10 | 14 | 16 | 18 | 20 | | 9 | 11 | 12 | 13 | 13 | 15 | 16 | 18 |
| 120 | 5 | 6 | 7 | 8 | 11 | 12 | 13 | 15 | | 7 | 8 | 9 | 10 | 10 | 11 | 12 | 14 |
| 180 | 9 | 11 | 12 | 14 | 20 | 22 | 25 | 28 | 55-59 | 14 | 16 | 18 | 20 | 21 | 24 | 27 | 31 |
| 160 | 7 | 8 | 9 | 10 | 14 | 16 | 18 | 21 | | 10 | 11 | 13 | 15 | 16 | 18 | 20 | 23 |
| 140 | 5 | 5 | 6 | 7 | 10 | 12 | 13 | 15 | | 7 | 8 | 9 | 11 | 11 | 13 | 15 | 17 |
| 120 | 3 | 4 | 4 | 5 | 7 | 8 | 10 | 11 | | 5 | 6 | 7 | 8 | 8 | 9 | 11 | 12 |
| 180 | 7 | 8 | 9 | 10 | 16 | 19 | 21 | 24 | 50-54 | 12 | 14 | 16 | 18 | 20 | 23 | 26 | 30 |
| 160 | 5 | 5 | 6 | 7 | 11 | 13 | 15 | 17 | | 8 | 10 | 11 | 13 | 14 | 16 | 19 | 22 |
| 140 | 3 | 4 | 4 | 5 | 8 | 9 | 11 | 12 | | 6 | 7 | 8 | 9 | 10 | 12 | 13 | 16 |
| 120 | 2 | 3 | 3 | 4 | 6 | 7 | 8 | 9 | | 4 | 5 | 5 | 6 | 7 | 8 | 10 | 11 |
| 180 | 5 | 6 | 7 | 8 | 13 | 15 | 17 | 20 | 45-49 | 10 | 11 | 13 | 15 | 18 | 21 | 24 | 28 |
| 160 | 3 | 4 | 5 | 5 | 9 | 10 | 12 | 14 | | 7 | 8 | 9 | 11 | 13 | 15 | 17 | 20 |
| 140 | 2 | 3 | 3 | 4 | 6 | 7 | 8 | 10 | | 5 | 5 | 6 | 7 | 9 | 10 | 12 | 14 |
| 120 | 2 | 2 | 2 | 3 | 4 | 5 | 6 | 7 | | 3 | 4 | 4 | 5 | 6 | 7 | 8 | 10 |
| 180 | 3 | 4 | 5 | 6 | 10 | 12 | 14 | 17 | 40-44 | 7 | 8 | 10 | 12 | 14 | 17 | 20 | 23 |
| 160 | 2 | 3 | 3 | 4 | 7 | 8 | 10 | 12 | | 5 | 6 | 7 | 8 | 10 | 12 | 14 | 16 |
| 140 | 2 | 2 | 2 | 3 | 5 | 6 | 7 | 8 | | 3 | 4 | 4 | 5 | 7 | 8 | 9 | 11 |
| 120 | 1 | 1 | 1 | 2 | 3 | 4 | 4 | 5 | | 2 | 2 | 3 | 4 | 4 | 5 | 6 | 8 |

BMI (kg/m$^2$)

| |
|---|
| >=50 % |
| 40-49 % |
| 30-39 % |
| 20-29 % |
| 10-19 % |
| 5-9 % |
| <5 % |