# Malta

| Systolic blood pressure (mmHg) | Women Non-smoker 20 | 25 | 30 | 35 | Women Smoker 20 | 25 | 30 | 35 | AGE | Men Non-smoker 20 | 25 | 30 | 35 | Men Smoker 20 | 25 | 30 | 35 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 180 | 35 | 37 | 40 | 43 | 50 | 53 | 56 | 59 | 70-74 | 33 | 36 | 39 | 41 | 37 | 40 | 43 | 46 |
| 160 | 28 | 30 | 32 | 34 | 40 | 43 | 46 | 49 | | 26 | 29 | 31 | 33 | 30 | 32 | 34 | 37 |
| 140 | 22 | 23 | 25 | 27 | 32 | 35 | 37 | 40 | | 21 | 22 | 24 | 26 | 23 | 25 | 27 | 29 |
| 120 | 17 | 18 | 20 | 21 | 26 | 28 | 30 | 32 | | 16 | 17 | 19 | 20 | 18 | 20 | 21 | 23 |
| 180 | 17 | 19 | 21 | 23 | 29 | 31 | 34 | 37 | 65-69 | 22 | 24 | 26 | 29 | 27 | 30 | 32 | 35 |
| 160 | 13 | 15 | 16 | 18 | 22 | 24 | 27 | 29 | | 17 | 18 | 20 | 22 | 21 | 23 | 25 | 27 |
| 140 | 10 | 11 | 12 | 13 | 17 | 19 | 21 | 23 | | 12 | 14 | 15 | 17 | 16 | 17 | 19 | 21 |
| 120 | 7 | 8 | 9 | 10 | 13 | 14 | 16 | 17 | | 9 | 10 | 11 | 13 | 12 | 13 | 14 | 16 |
| 180 | 11 | 13 | 14 | 16 | 22 | 24 | 27 | 30 | 60-64 | 17 | 19 | 21 | 23 | 23 | 26 | 28 | 32 |
| 160 | 8 | 9 | 11 | 12 | 16 | 18 | 20 | 23 | | 12 | 14 | 16 | 17 | 17 | 19 | 21 | 24 |
| 140 | 6 | 7 | 8 | 9 | 12 | 14 | 15 | 17 | | 9 | 10 | 11 | 13 | 13 | 14 | 16 | 18 |
| 120 | 4 | 5 | 6 | 6 | 9 | 10 | 11 | 13 | | 7 | 7 | 8 | 9 | 9 | 11 | 12 | 13 |
| 180 | 9 | 10 | 12 | 13 | 19 | 21 | 24 | 27 | 55-59 | 13 | 14 | 16 | 18 | 19 | 22 | 25 | 28 |
| 160 | 6 | 7 | 8 | 9 | 14 | 16 | 18 | 20 | | 9 | 10 | 12 | 13 | 14 | 16 | 18 | 21 |
| 140 | 5 | 5 | 6 | 7 | 10 | 11 | 13 | 15 | | 6 | 7 | 8 | 10 | 10 | 12 | 13 | 15 |
| 120 | 3 | 4 | 4 | 5 | 7 | 8 | 9 | 11 | | 5 | 5 | 6 | 7 | 7 | 8 | 10 | 11 |
| 180 | 6 | 7 | 8 | 9 | 14 | 17 | 19 | 22 | 50-54 | 10 | 12 | 14 | 16 | 18 | 20 | 23 | 27 |
| 160 | 4 | 5 | 6 | 7 | 10 | 12 | 14 | 16 | | 7 | 8 | 10 | 11 | 13 | 15 | 17 | 19 |
| 140 | 3 | 3 | 4 | 5 | 7 | 8 | 10 | 11 | | 5 | 6 | 7 | 8 | 9 | 10 | 12 | 14 |
| 120 | 2 | 2 | 3 | 3 | 5 | 6 | 7 | 8 | | 4 | 4 | 5 | 6 | 6 | 7 | 8 | 10 |
| 180 | 5 | 6 | 7 | 8 | 13 | 15 | 17 | 20 | 45-49 | 8 | 9 | 10 | 12 | 14 | 17 | 19 | 22 |
| 160 | 3 | 4 | 4 | 5 | 9 | 10 | 12 | 14 | | 5 | 6 | 7 | 8 | 10 | 12 | 13 | 16 |
| 140 | 2 | 3 | 3 | 4 | 6 | 7 | 8 | 10 | | 4 | 4 | 5 | 6 | 7 | 8 | 9 | 11 |
| 120 | 2 | 2 | 2 | 2 | 4 | 5 | 6 | 7 | | 2 | 3 | 3 | 4 | 5 | 5 | 6 | 8 |
| 180 | 3 | 4 | 4 | 5 | 9 | 11 | 13 | 16 | 40-44 | 5 | 6 | 7 | 8 | 10 | 12 | 14 | 16 |
| 160 | 2 | 3 | 3 | 4 | 6 | 8 | 9 | 11 | | 3 | 4 | 4 | 5 | 7 | 8 | 9 | 11 |
| 140 | 1 | 2 | 2 | 2 | 4 | 5 | 6 | 7 | | 2 | 3 | 3 | 4 | 4 | 5 | 6 | 8 |
| 120 | 1 | 1 | 1 | 2 | 3 | 3 | 4 | 5 | | 1 | 2 | 2 | 2 | 3 | 4 | 4 | 5 |

BMI (kg/m$^2$)

| |
|---|
| >=50 % |
| 40-49 % |
| 30-39 % |
| 20-29 % |
| 10-19 % |
| 5-9 % |
| <5 % |