EDUCATION PROGRAMS & RESOURCES

Scan for more information!

Boston Public Library Nutrition Lab
Roxbury Branch

- Free cooking programs

Community Servings Nutrition Education

- Nutritious recipes

NUTRITION COUNSELING SERVICES

Stop & Stop Grove Hall Community Health Center
460 Blue Hill Ave
Dorchester, MA 02121

- Dedicated Community Wellness Space
- In-store dietitian
- Free nutrition programming

For questions or to schedule a 1:1 consultation, email nutrition@stopandshop.com

Boston Elder Nutrition Program

- Offers "nutrition check-ups" and nutrition counseling

To start these services you can contact (617) 477-6606 or meals@ethocare.org

Funded by National Institutes of Health
P42ES030990, P30ES000002

BOSTON FOOD & NUTRITION RESOURCES

Find information on where to access food, services, & other resources!

FOOD ACCESS

Scan for a list & map of food pantries, farmers markets accepting SNAP/HIP, senior dining sites, & affordable produce sources in **Jamaica Plain** *(also includes Hyde Park, Mattapan, & West Roxbury)*:

Find other Boston neighborhoods on https://guides.bpl.org/guide4help/food

DELIVERY SERVICES

Community Servings
Medically tailored meals for critically or chronically ill individuals

Scan to apply:

Boston Elder Nutrition Program
Meals on Wheels delivers nutritious meals to home-bound elderly residents

Scan to learn about eligibility & how to start services:

ADDITIONAL FOOD ASSISTANCE

Urban Farming Institute
Farm stand every Friday through November 22, 2024|1:00-5:00 PM
487 Norfolk St
Mattapan, MA 02126

Accepts EBT/SNAP, HIP, & Farmers Market Coupons

Coupon booklets are up to $25 in value & can be used at participating Boston farmers markets for fresh produce, dairy products, meats, & other foods

*Booklets are available at **Southern Jamaica Plain Health Promotion Center***

Boston Double Up Food Bucks
A SNAP incentive program to get discounted fresh produce at participating stores with an EBT card

Find participating stores:

FOOD FORESTS

The **Boston Food Forest Coalition** transforms vacant lots into public ***food forest parks*** led by community members

Food forests:

- are planted with edible plants that try to mimic natural ecosystems & patterns
- build environmental resilience
- provide seasonal foods & green spaces for free for the community

Food Forests Near Jamaica Plain:

Egleston Community Orchard
195 Boylston St
Jamaica Plain, MA 02130

Egleston Square Library Food Forest
2044 Columbus Ave
Boston, MA 02119

Leland Street Cooperative Garden
15 Leland St
Jamaica Plain, MA 02130