### Smoke-free Policy Adoption



## **SECONDHAND SMOKE MONITOR TIPSHEET**

\*This is one example of a secondhand smoke monitor that you could use for educational purposes at your property. Developing guidance like this Tipsheet ensures that all staff know how to operate the monitor and interpret the measurements. Compare low-cost options via online vendors to find something that works for you.

This monitor measures secondhand smoke by detecting 'fine particles' in the air. Because tobacco smoke is composed of very fine particles known as PM<sub>2.5</sub> (particulate matter of 2.5 micrometers and smaller), this device provides a method to detect secondhand smoke in indoor spaces.

Please note that the particles this device detects may not always be specific to secondhand smoke. Other types of smoke and even cooking emissions can produce  $PM_{2.5}$ . This device is simply intended as a way to confirm possible reports of indoor smoking and should be used with appropriate discretion.

#### **OPERATING THE MONITOR**

#### Air out the monitor

Before using for the first time, take the monitor out of its packing and place in a well-ventilate room for 8 hours.

#### Turn the monitor on/off

Press and hold the power button for 2 seconds to turn on/off the monitor.

#### Charging

Use the enclosed USB cord to charge the monitor, when needed.

#### Placement

Put the monitor in the environment that you would like to test.

#### Taking a measurement

Select the PM<sub>2.5</sub> button to take a measurement.



# Smoke-free Policy Adoption BUILDING SUCCESS SECONDHAND SMOKE MONITOR TIPSHEET

#### **INTERPRETING THE MEASUREMENT**

#### Reading the measurement

PM<sub>2.5</sub> will be displayed at the top of the screen.

#### Interpreting the measurement

PM <sub>2.5</sub> Reading	Guide
Less than 15	Good air quality
15 to 25	May reflect smoking in the vicinity
25 to 60	Presents possible health hazard
Over 60	Hazardous levels – avoid sustained
	exposure



#### **TIPS FOR USE**

- Use to assess smoking 'hotspots'
- Help to verify residents' concerns about secondhand smoke
- Show smokers how cigarette smoke affects air quality
- Help to identify problem smoking areas
- Take care to eliminate other possible sources of PM<sub>2.5</sub> before making conclusions about smoking
- Please be sure that anyone using the device has read and understood this guidance

#### DISCLAIMERS

- It is strongly recommended that you DO NOT use the monitor for punitive purposes. Rather, it is a tool to help identify problem areas so that you can start to generate solutions to address the problem.
- Other factors like pollution, vehicle emissions, and cooking odors can contribute to the PM<sub>2.5</sub> measurement.
- The monitor could be impacted by marijuana use; however, it is not validated to measure marijuana smoke.
- The monitor is not an effective tool to detect vaping emissions.