



Promoting Water Consumption in Schools



Water is the best drink option for kids. It has zero calories, and tap water is free! Water is a healthier choice than other drinks, such as soda, juice, and sports and energy drinks. Making clean, cold, free water more accessible in environments like schools and afterschool programs is a critical way to ensure kids are better hydrated. Limited access to water during school and after school can pose problems for children's health.

Scan the QR codes to explore resources to promote water consumption in schools →



Strategy Profile:
Promoting Water
Consumption in Schools
Tool

hsph.me/choices-water-prof



Strategy Report:
Promoting Water
Consumption in Schools
Report

hsph.me/choices-water-rep



Massachusetts:
Water Dispensers in
Schools
Research Brief

hsph.me/choices-ma-water-brief



California:
Improving Drinking Water
Equity & Access in Schools
Research Brief

hsph.me/choices-ca-water-brief



Keep It Flowing:
A Practical Guide to School
Drinking Water Planning,
Maintenance, & Repair
Guide

hsph.me/hprc-school-water



**School Water Access
Scanning Tool**
Tool

hsph.me/hprc-water-tool



SCHOOL OF PUBLIC HEALTH
Prevention Research Center
on Nutrition and Physical Activity

The Prevention Research Center on Nutrition and Physical Activity at the Harvard T.H. Chan School of Public Health (HPRC) is supported by the Centers for Disease Control and Prevention (U48DP006376 and U48DP006785). The findings and conclusions are those of the author(s) and do not necessarily represent the official position of the Centers for Disease Control and Prevention or other funders. Learn more: hsph.me/hprc.