

CEDC EATING DISORDER WEEK -  
*Finding Hope: Eating Disorder  
Prevention & Recovery*



**CAMBRIDGE EATING  
DISORDER CENTER**  
*Quality Care in a  
Community Environment*

Saturday, June 15, 2019 - 10 am to 12:30 pm\*

10 am – 10:10 am



Introductions by **Dr. Seda Ebrahimi**, CEDC Founder & Director – Dr. Ebrahimi has been researching and treating patients with eating disorders since 1986. She is a member of the Academy for Eating Disorders, the International Association for Eating Disorder Professionals and the American Psychological Association. She founded CEDC in 2000 and is involved in patient advocacy on both the local and national levels.

10:15 am – 10:40 am



**S. Bryn Austin**, SCD, FAED is Director of Fellowship Research Training in the Division of Adolescent and Young Adult Medicine at Boston Children's Hospital, Director of the Strategic Training Initiative for the Prevention of Eating Disorders: A Public Health Incubator and Director of the Sexual Orientation and Gender Identity and Expression working group at the Harvard Chan School of Public Health and Boston Children's Hospital. Dr. Austin is also president of the board of directors of the Academy for Eating Disorders.

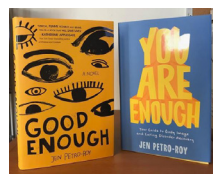
10:45 – 11:05 am



**Rep. Kay Khan** (D-11th Middlesex); Chairperson, Joint Committee on Children, Families and Persons with Disabilities; primary sponsor of Bill HD.2883 which restricts the sale of over-the-counter diet pills or dietary supplements for weight loss or muscle building to persons under 18 years of age.

*CEDC will present Rep. Kay Khan with a Certificate of Recognition for her work in eating disorder prevention.*

11:05 – 11:20 am



**Jen Petro-Roy** is a former teen librarian, an obsessive reader, and a trivia fanatic. She lives with her husband and two young daughters in Massachusetts. She is the author of *P.S. I Miss You*, *Good Enough*, and *You Are Enough: Your Guide to Body Image and Eating Disorder Recovery*. Jen is an eating disorder survivor and an advocate for recovery.

11:20 – 11:35 am



**Alexandra Coppia** – Miss Rhode Island 2018; advocate for mental health and eating disorders – Recovery Speaker. Allie is a Milieu Therapist at Bradley Hospital in E. Providence, RI and the founder of the Brown University chapter of Project Heal: Help to Eat, Accept and Live, a non-profit organization that provides grant funding for individuals suffering with eating disorders who need help paying for treatment. It also raises awareness of the dangers of eating disorders, promotes healthy body image and self-esteem and encourages all to believe that full recovery from an eating disorder is possible.

11:35 – 11:50 am

**Krista Murphy, RN** – Recovery Speaker

11:50 – 12:20 pm



**Stephanie Lionetti**, founder of *Coverly Box: Everyone Knows Someone*, a mail order gift box company that offers beautifully packaged, recovery-friendly items of support and encouragement to those in residential treatment from loved ones at home. Stephanie's mother Debbie, who helps with the business, is attending with Stephanie and will speak about eating disorders from a parent's point of view

12:20 – 12:30 pm

Questions for all speakers

\* This event, originally planned for March 2 in Eating Disorder Awareness Week, was rescheduled due to snow.

**Please join us** for a morning about **Hope and Recovery from eating disorders**. CEDC will present **Massachusetts Rep. Kay Khan** with a Certificate of Recognition, honoring her legislative efforts in eating disorder prevention among minors. CEDC Lobby – 3 Bow Street – Cambridge, MA. **All are welcome! Please RSVP to [ccurran@cedcmail.com](mailto:ccurran@cedcmail.com) or call 617.704.3066**

**Saturday, June 15, 2019 - 10 am to 12:30 pm\***

10 am – 10:10 am



Introductions by **Dr. Seda Ebrahimi**, CEDC Founder & Director – Dr. Ebrahimi has been researching and treating patients with eating disorders since 1986. She is a member of the Academy for Eating Disorders, the International Association for Eating Disorder Professionals and the American Psychological Association. She founded CEDC in 2000 and is involved in patient advocacy on both the local and national levels.

10:15 am – 10:40 am



**S. Bryn Austin**, SCD, FAED is Director of Fellowship Research Training in the Division of Adolescent and Young Adult Medicine at Boston Children's Hospital, Director of the Strategic Training Initiative for the Prevention of Eating Disorders: A Public Health Incubator and Director of the Sexual Orientation and Gender Identity and Expression working group at the Harvard Chan School of Public Health and Boston Children's Hospital. Dr. Austin is also president of the board of directors of the Academy for Eating Disorders.

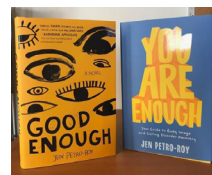
10:45 – 11:05 am



**Rep. Kay Khan** (D-11th Middlesex); Chairperson, Joint Committee on Children, Families and Persons with Disabilities; primary sponsor of Bill H.1942 which restricts the sale of over-the-counter diet pills or dietary supplements for weight loss or muscle building to persons under 18 years of age.

*CEDC will present Rep. Kay Khan with a Certificate of Recognition for her work in eating disorder prevention.*

11:05 – 11:20 am



**Jen Petro-Roy** is a former teen librarian, an obsessive reader, and a trivia fanatic. She lives with her husband and two young daughters in Massachusetts. She is the author of *P.S. I Miss You, Good Enough*, and *You Are Enough: Your Guide to Body Image and Eating Disorder Recovery*. Jen is an eating disorder survivor and an advocate for recovery.

11:20 – 11:35 am



**Alexandra Coppia** – Miss Rhode Island 2018; advocate for mental health and eating disorders – Recovery Speaker. Allie is a Milieu Therapist at Bradley Hospital in E. Providence, RI and the founder of the Brown University chapter of Project Heal: Help to Eat, Accept and Live, a non-profit organization that provides grant funding for individuals suffering with eating disorders who need help paying for treatment. It also raises awareness of the dangers of eating disorders, promotes healthy body image and self-esteem and encourages all to believe that full recovery from an eating disorder is possible.

11:35 – 11:50 am

**Krista Murphy, RN** – Recovery Speaker

11:50 – 12:20 pm



**Stephanie Lionetti**, founder of *Coverly Box: Everyone Knows Someone*, a mail order gift box company that offers beautifully packaged, recovery-friendly items of support and encouragement to those in residential treatment from loved ones at home. Stephanie's mother Debbie, who helps with the business, is attending with Stephanie and will speak about eating disorders from a parent's point of view

12:20 – 12:30 pm

Questions for all speakers

\* This event, originally planned for March 2 in Eating Disorder Awareness Week, was rescheduled due to snow.